DIRECTIONS: As a dietary supplement, add one scoop (10 g) to 8 fl oz of water, juice or sports drink and mix or shake until smooth. Mixes instantly without the use of a blender. For best results, take on an empty stomach about 15 to 30 minutes prior to workout.

## **BLUEBONNET'S** PRE WORKOUT POWDER

Is designed to be a comprehensive muscle recharging formula that helps to generate high energy, sharpen mental focus, and increase nitric oxide (NO) levels for greater blood flow and intense muscle pumps. Use it once, and you will never train without it again! .

## **MAY SUPPORT**

**ENERGY** PRODUCTION •



**BLOOD** FLOW +



RECHARGE +



MENTAL FOCUS +

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame. Also free of barley and rice.

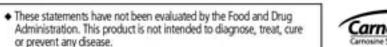
Minerals are shown in their elemental value.

Caution: Strictly designed for use by healthy adults - 18 years of age or older. This product contains 125 mg of caffeine per serving (equivalent to 1 1/4 cups of coffee), which in excess may cause nervousness, irritability, sleeplessness and occasionally, a rapid heartbeat. Discontinue use and consult a healthcare practitioner if you experience any unusual symptoms. Do not use this product if you are sensitive to caffeine, pregnant, trying to conceive, breastfeeding, have any medical conditions or are taking any prescription medications. Keep out of reach of children.



Alipure® is a registered trademark of Alinomoto AminoScience LLC.

Natural Alternatives International (NAI) is the owner of patents as listed on www.camosyn.com and registered trademark CamoSyn®.



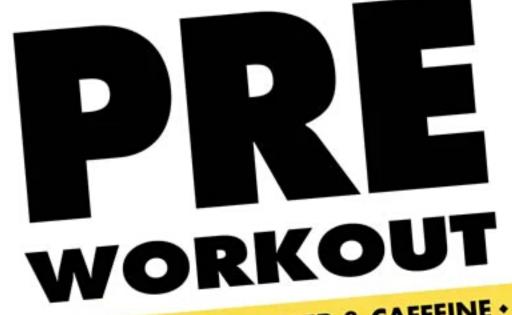




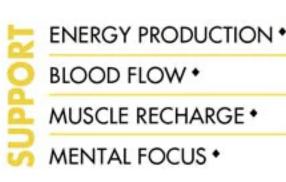


WARNING Consuming this product can expose you to lead which is known to the State of California to cause cancer or birth defects or other reproductive harm. For more

## Bluebonnet



NITRIC OXIDE BOOSTER & CAFFEINE +





Amount Per Serving	% Da	ily Valu
Calories	15	
Total Carbohydrate	4 g	1%
Total Sugars	2 g	
Includes 2 g added sugars		4%
Vitamin C (as L-ascorbic acid)	30 mg	33%
Potassium (as potassium citrate)	75 mg	2%
Energy Blend+ (beta-alanine, caffeine anhydrous, L-taurine, L-tyre green tea leaf extract, cocoa bean extract)	1,325 mg osine,	•
Muscle Pump Blend+ (creatine monohydrate, L-leucine, L-isoleucine, L-Valine, creatine malate, disodium phosphate)	2,000 mg	
Nitric Oxide Blend+ (L-arginine, L-arginine alpha ketoglutarate, L-citrulline malate, L-lysine HCI)	1,120 mg	•
**Percent Daily Value based on a 2,000 calorie diet.  *Daily Values not established.		

Other ingredients: Sugar, citric acid, natural flavors, erythritol, silicon dioxide, maltodextrin, rebaudioside A (stevia extract). calcium citrate, sodium citrate, magnesium citrate.

Manufactured by Bluebonnet Nutrition Corp. 12915 Dairy Ashford Sugar Land, Texas 77478 USA bluebonnetnutrition.com



KEEP TIGHTLY CLOSED. STORE IN A COOL, DRY PLACE AWAY FROM HEAT, LIGHT AND MOISTURE.

NOTE: THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME. THIS PRODUCT REQUIRES AERATION AT THE TIME OF FILLING. SETTLING OF CONTENTS MAY OCCUR. NET WEIGHT AND SERVINGS ARE CLEARLY MARKED.



DIETARY SUPPLEMENT NET WT. 1.32 lbs (600 g)