

Bluebonnet's Targeted Choice Stress Relief® Vegetable Capsules are specially formulated with a unique blend of sustainably harvested or wildcrafted herbal extracts, along with the amino acid derivative, L-theanine, to help the body and mind adapt and cope with occasional stressors while supporting an overall sense of relaxation.♦

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700

Targeted Choice Stress Relief® is a registered trademark of Bluebonnet Nutrition Corp.

Caution: Do not use this product if you are pregnant, trying to conceive or breastfeeding. If you have a medical condition or are taking prescription medication, particularly cognitive drugs such as MAOIs, consult your physician before use. Keep out of reach of children.

Manufactured by
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♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Bluebonnet

TARGETED CHOICE STRESS relief.®

Calming
Whole Food-Based
Formula♦



Dietary Supplement
30 Vegetable Capsules



Directions: As a dietary supplement, take one capsule daily or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 30

Amount Per Serving

Ashwagandha Root Extract (<i>Withania somnifera</i>)	125 mg	*
L-Theanine (free-form)	125 mg	*
Siberian Eleuthero Root Extract (<i>Eleutherococcus senticosus</i>)	125 mg	*
Passion Flower Whole Herb Powder (<i>Passiflora incarnata</i> L.)	100 mg	*
Rhodiola Rosea Root Extract (<i>Rhodiola rosea</i>)	100 mg	*
Holy Basil Leaf Extract (<i>Ocimum sanctum</i> L.)	75 mg	*
Lemon Balm Leaf Extract (<i>Melissa officinalis</i> L.)	50 mg	*

*Daily Value not established.

Other ingredients: Capsule (hypromellose, purified water), vegetable magnesium stearate, vegetable cellulose.