

Directions: As a dietary supplement, take one capsule 30 to 60 minutes before bedtime or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

Bluebonnet's Targeted Choice® Sleep Support Vegetable Capsules are specially formulated with a unique blend of whole food nutrients, amino acids and herbal extracts to help promote restful sleep for those affected by occasional sleeplessness. ♦

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten, barely, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700

Targeted Choice® is a registered trademark of Bluebonnet Nutrition Corp.

VitaCherry® is a registered trademark of FutureCeuticals.

CAUTION: Do not use this product if you are pregnant, trying to conceive or breastfeeding. Discontinue use two weeks prior and following surgery. If taking prescription medication, speak to your physician before use. Residual drowsiness may occur, so refrain from operating machinery or driving a vehicle when taking this product. Keep out of reach of children.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



VitaCherry.



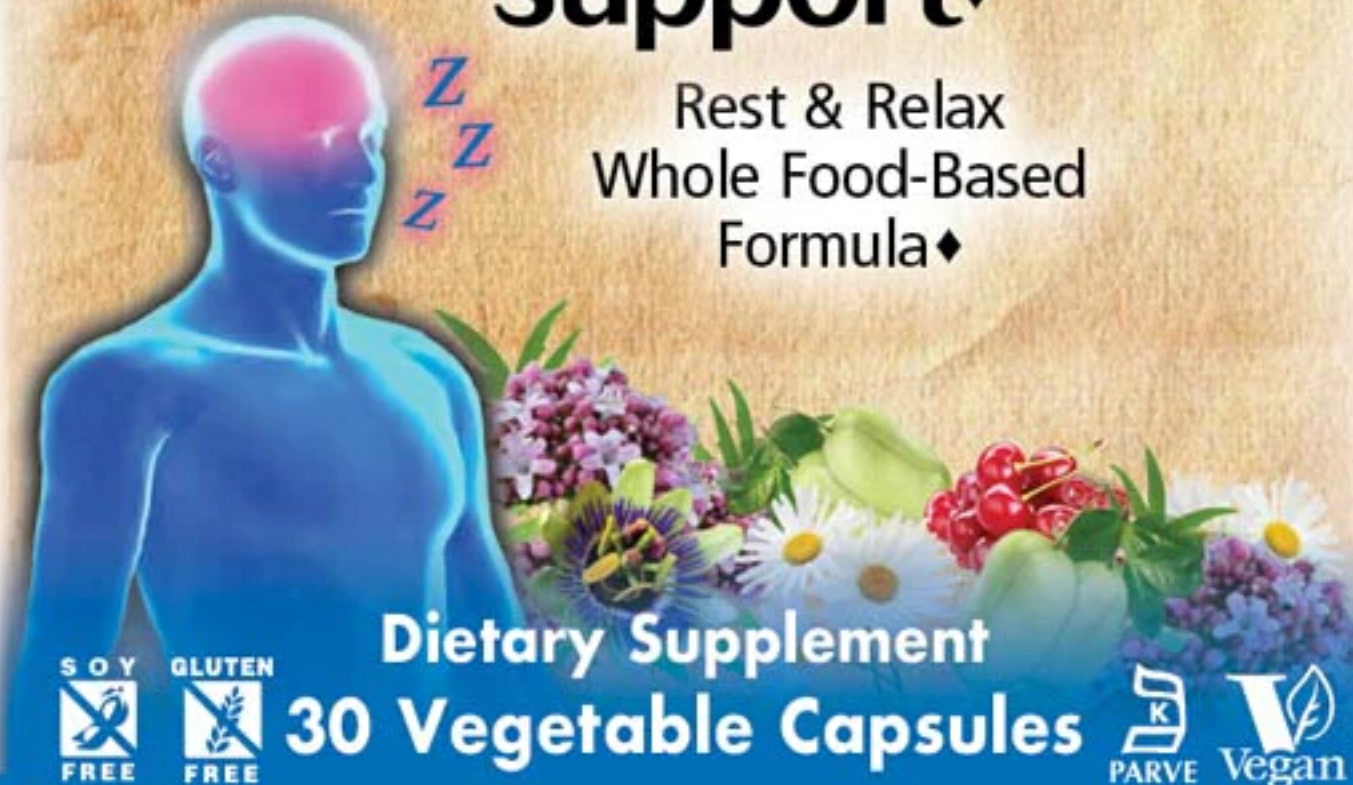
Dietary Supplement
30 Vegetable Capsules



Bluebonnet

TARGETED CHOICE®
SLEEP
support♦

Rest & Relax
Whole Food-Based
Formula♦



Supplement Facts

Serving Size 1 Capsule
Servings Per Container 30

Amount Per Serving

Valerian Root Extract (<i>Valeriana officinalis</i> L.)	200 mg	*
L-Theanine (free-form)	100 mg	*
Tart Cherry Fruit Extract (<i>Prunus cerasus</i>) [flavonoids including anthocyanins]	100 mg	*
Passion Flower Whole Herb Extract (<i>Passiflora incarnata</i> L.)	75 mg	*
5-Hydroxytryptophan (5-HTP) (<i>Griffonia simplicifolia</i> seed extract)	50 mg	*
Chamomile Flower Powder (<i>Matricaria chamomilla</i>)	50 mg	*

*Daily Value not established.

Other ingredients: Capsule (hypromellose, purified water), vegetable cellulose, vegetable magnesium stearate.

Manufactured by
Bluebonnet Nutrition Corporation
12915 Dairy Ashford
Sugar Land, TX 77478 USA
bluebonnetnutrition.com

