

**Directions:** As a dietary supplement, take two capsules once daily or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

**Bluebonnet's Targeted Choice JustBreathe® Vegetable Capsules** are specially formulated to help support the body through seasonal changes with a complementary blend of immune-protective nutrients and sustainably sourced herbal extracts for optimal respiratory, sinus and immune support. ♦

**Free** of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten, barley, sodium and sugar.

Minerals are in their elemental value.

Bluebonnet's KOF-K Certification #K-0000700

Targeted Choice JustBreathe® is a trademark of Bluebonnet Nutrition Corporation.



♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



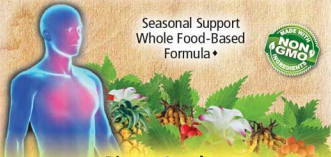
**Caution:** Do not use this product if you are pregnant, trying to conceive or breastfeeding. If you have a medical condition or taking prescription medication, consult your physician before use. Do not use two weeks prior and following surgery. Keep out of reach of children.

# Bluebonnet

# JUST BREATHE®

TARGETED CHOICE

Seasonal Support  
Whole Food-Based  
Formula ♦



**Dietary Supplement**  
**30 Vegetable Capsules**



## Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 15

Amount Per Serving		% Daily Value*
Vitamin C (as L-ascorbic acid)	250 mg	278%
Zinc (as zinc bisglycinate)	22 mg	200%
Quercetin	500 mg	*
Stinging Nettle Leaf Extract ( <i>Urtica dioica</i> L., 4:1 extract)	300 mg	*
NAC (N-acetyl-L-cysteine)	200 mg	*
Cordyceps Mycelium Extract ( <i>Cordyceps sinensis</i> )	150 mg	*
Bromelain (pineapple)	50 mg	*
Schisandra Berry Extract ( <i>Schisandra chinensis</i> )	50 mg	*
Turmeric Root Extract ( <i>Curcuma longa</i> L.)	50 mg	*

\*Daily Value not established.

Other ingredients: Capsule (hypromellose, purified water), vegetable cellulose, vegetable magnesium stearate.

Manufactured by  
**Bluebonnet Nutrition Corporation**  
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