

Ultimate Muscle & Recovery Builder

Six Star® CreatineX3™ is the ultimate muscle and recovery builder. Formulated to deliver 8g of muscle-building creatine monohydrate along with a 2.5g blend of taurine and BCAAs to help boost nitrogen levels. This powerful combination will accelerate muscle recovery and help build muscle and strength so you can perform at the highest level.*

- **4X MORE LEAN MUSCLE***¹
- **18.6% MORE STRENGTH***²
- **SUPPORTS MUSCLE PERFORMANCE***
- **ACCELERATE WORKOUT RECOVERY***
- **INCLUDES 3.5g AMINO ACIDS**
- **SUPPORTS PROTEIN SYNTHESIS***

Product Stack

Creatine is just one of the ways you can build your game. Add these Six Star® products to your routine.

- **PRE-WORKOUT EXPLOSION ENERGY BOOST***
- **ULTIMATE HYDRATION REPLENISH ELECTROLYTES***

**SIXSTAR**



The Athlete's Choice™

SIXSTARPRO.COM

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

¹In a 12-week study on untrained individuals, subjects taking the creatine in Six Star® CreatineX3™, with a training program, gained over four times more muscle than subjects using a placebo (7.12 vs. 1.30 lbs.).*

²In a 10-day study on weight-trained individuals, subjects consuming the same form of creatine found in Six Star® CreatineX3™, with a training program, increased their strength capacity on the bench press by 18.6% compared to baseline (6,658 vs. 5,513 pounds). Testing was performed using 70% of the subjects' 1-rep max bench press.*

**SIXSTAR**

CREATINE X3™

ENHANCES MUSCLE PERFORMANCE*

8G CREATINE MONOHYDRATE**

4x MORE LEAN MUSCLE*¹



FRUIT PUNCH

NET WT. 2.18 lbs. (990g) • NATURAL AND ARTIFICIAL FLAVORS • DIETARY SUPPLEMENT

WHAT'S IN THE BOTTLE?

Supplement Facts

Serving Size: 1 Scoop (33g)
Servings Per Container: 30

Amount Per Serving	% Daily Value	
Calories	70	
Total Carbohydrate	18g	7%*
Total Sugars	6g	†
Includes 6g of Added Sugars		12%*
Sodium	65mg	3%

Muscle Building Creatine		
Creatine monohydrate	8,000mg	†
BCAA-Amino Blend		
2,500mg	†	
Taurine		
L-leucine		
L-isoleucine		
L-valine		
Creatine Synthesis Amino Matrix		
1,000mg	†	
Glycine		
L-arginine		
L-methionine		

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Maltodextrin, Dextrose, Citric Acid, Salt, Calcium Silicate, Dipotassium Phosphate, Natural and Artificial Flavor, Sucralose, Acesulfame Potassium, FD&C Red No. 40.
Processed in a facility that processes milk, wheat, egg, sesame, soy, peanut, tree nut, fish and shellfish ingredients.

STIR	SHAKE
 Simply stir into a glass of water.	 Cover and shake until well mixed.

DIRECTIONS

Take 1 serving (1 scoop) immediately after you work out with 8 oz. of cold water. If you are not working out that day, have your serving in the morning when you wake up. As with all creatine products, maintain an adequate state of hydration during use. Read the entire label before use and follow directions provided.