

**Bluebonnet's Vitamin C Crystals** are formulated with non-GMO, identity-preserved (IP) vitamin C from L-ascorbic acid to help support immune health. ♦



**Free** of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**Dietary Supplement 8.8 oz (250 g)**



**Bluebonnet**



# Vitamin C Crystals

**Immune Health** ♦

**Directions:** As a dietary supplement, take one teaspoon (4.5 g) daily in juice or water, or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

## Supplement Facts

Serving Size 1 Teaspoon (4.5 g)  
Servings Per Container 56

Amount Per Serving		% Daily Value
Vitamin C (as L-ascorbic acid)	4500 mg	5000%

Other ingredients: None.

Manufactured by  
**Bluebonnet Nutrition Corporation**  
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