

**Bluebonnet's Vegetarian Glucosamine MSM (Shellfish-Free) Vegetable Capsules** are formulated with a complementary, vegetarian blend of glucosamine hydrochloride known as GreenGrown® and patented OptiMSM® for optimal joint health. ♦



Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten, barley, rice and sugar.

OptiMSM® is a registered trademark of Balchem Corporation or its subsidiaries.

GreenGrown® is a registered trademark of Ethical Naturals, Inc. Bluebonnet's KOF-K Certification #K-0000700

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Bluebonnet



# Vegetarian Glucosamine MSM

## Shellfish-Free

Joint Health ♦



Dietary Supplement **60** Vegetable Capsules

**Directions:** As a dietary supplement, take three capsules once daily or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

## Supplement Facts

Serving Size 3 Capsules  
Servings Per Container 20

Amount Per Serving		% Daily Value
Chloride (from glucosamine HCl)	245 mg	11%
Vegetable Glucosamine HCl	1500 mg	*
MSM (methylsulfonylmethane)	1000 mg	*

\*Daily Value not established.

Other ingredients: Capsule (hypromellose, purified water), vegetable magnesium stearate, vegetable cellulose, silicon dioxide.

Manufactured by  
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