

Bluebonnet's Selenium 100 mcg Vegetable Capsules are formulated with selenomethionine, an amino acid chelate of selenium and L-methionine. Selenium is a micromineral that supports immune and thyroid health. ♦

MAY
SUPPORT



Immune Health



Thyroid Health

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of corn, gluten, barley, rice, sodium and sugar.

Minerals are shown in their elemental value.

Bluebonnet's KOF-K Certification #K-0000700

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition.
Keep out of reach of children.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Bluebonnet



Selenium 100 mcg

Immune & Thyroid Health ♦



Dietary Supplement

90 Vegetable
Capsules

Directions: As a dietary supplement, take one capsule daily or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 90

Amount Per Serving		% Daily Value
Selenium (as L-selenomethionine)	100 mcg	182%

Other ingredients: Vegetable cellulose, capsule (hypromellose, purified water), vegetable magnesium stearate, silicon dioxide.

Manufactured by
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