

Bluebonnet's Probiotic & Prebiotic Vegetable Capsules are formulated with 10 billion viable cultures from 20 DNA-verified, scientifically supported strains. This unique, science-based probiotic formula includes the prebiotic inulin, from chicory root extract, to assist the growth of friendly bacteria in the gut.♦



Free of egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and sesame.

Also free of gluten, barley, rice, sodium and sugar.

Caution: For adults only. Consult your healthcare practitioner if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

♦These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Bluebonnet

PROBIOTIC & PREBIOTIC

LIVE CULTURES

10
BILLION

DNA-VERIFIED

20
STRAINS

**Optimal Digestive
& Immune Health.**



Dietary Supplement
30 Vegetable Capsules

Directions: As a dietary supplement, take one capsule daily, preferably with a meal or as directed by a healthcare practitioner.
Refrigeration required to ensure potency.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 30

Amount Per Serving

Probiotic Blend (10 Billion CFU^{††}) **72 mg** *

(Lactobacillus plantarum HA-119, Lactobacillus rhamnosus HA-500, Lactobacillus casei HA-108, Lactobacillus helveticus HA-501, Lactobacillus salivarius HA-118, Lactobacillus bulgaricus HA-137, Bifidobacterium longum HA-135, Bifidobacterium breve HA-129, Bifidobacterium bifidum HA-132, Streptococcus thermophilus HA-110)

Kefir Starter Culture R0215 **5 mg** *

(Lactobacillus paracasei, Lactobacillus plantarum, Saccharomyces boulardii, Lactococcus lactis ssp. lactis cremoris, Lactococcus lactis ssp. lactis biovar diacetylactis, Leuconostoc mesenteroides ssp. cremoris, Saccharomyces cerevisiae, Zygosaccharomyces florentinus)

Bulgarian Yogurt Starter Culture R0094 **5 mg** *

(Lactobacillus bulgaricus, Streptococcus thermophilus)

Inulin (chicory root extract) **7 mg** *

* Daily Value not established.

††Colony Forming Units

Other ingredients: Capsule (hypromellose, purified water), potato starch, ascorbic acid (preservative), vegetable cellulose, vegetable magnesium stearate.

Contains: Milk, soybeans

Manufactured by
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