

**Suggested Usage:** Take 1 capsule 1 to 2 times daily.

Alpha lipoic acid (ALA) is produced in the human body in very small amounts, but is also available through food sources. ALA is unique because it supports the body's free radical scavenging systems and can function in both water and fat environments.\* ALA can also recycle the antioxidant vitamins C and E, thereby extending their activities.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Caution:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

This bottle is made from 100% PCR (post-consumer recycled) resin.

CAPSULE SIZE

CODE 3041B V5



# Alpha Lipoic Acid 100 mg

Free Radical Scavenger\*

- Supports Glutathione Production\*
- With Vitamins C & E

120 Veg Capsules

A Dietary Supplement Vegetarian/Vegan



General Health

Family owned since 1968.

## Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid)	250 mg	278%
Vitamin E (as d-alpha Tocopheryl Succinate)	20 mg	133%
Alpha Lipoic Acid	100 mg	†

† Daily Value not established.

Other ingredients: Rice Flour, Hypromellose (cellulose capsule), Stearic Acid (vegetable source), Ascorbyl Palmitate and Silicon Dioxide.

Vitamin E from non-GMO soy.

Manufactured by NOW FOODS, 395 S. Glen Ellyn Rd. Bloomingdale, IL 60108, USA [nowfoods.com](http://nowfoods.com)

Made and quality tested in the USA with globally sourced ingredients.

Not manufactured with wheat, gluten, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

