

Bluebonnet's L-Theanine 200 mg Vegetable Capsules are formulated with the free-form amino acid L-theanine to help support memory, learning and an overall sense of relaxation. ♦

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten, barley, rice, sodium and sugar.

This product does not contain common GE genes or proteins. Visit [igenprogram.com](http://igenprogram.com)



Bluebonnet's KOF-K Certification #K-0000700

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Dietary Supplement **30** Vegetable Capsules

Bluebonnet



# L-Theanine 200 mg

Memory & Mood Support ♦

**Directions:** As a dietary supplement, take one capsule daily or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 30

### Amount Per Serving

L-Theanine (free-form)	200 mg	*
---------------------------	--------	---

\*Daily Value not established.

Other ingredients: Vegetable cellulose, capsule (hypromellose, purified water), vegetable magnesium stearate.

Manufactured by  
Bluebonnet Nutrition Corporation  
12915 Dairy Ashford  
Sugar Land, TX 77478 USA  
[bluebonnetnutrition.com](http://bluebonnetnutrition.com)

