



Bluebonnet's Liquid Calcium Magnesium Citrate & Vitamin D₃ is formulated with calcium in a chelate of calcium citrate, as well as magnesium in a chelate of magnesium citrate and magnesium aspartate in a delicious blueberry flavor. This formula also contains vitamin D₃ (cholecalciferol) from lanolin for strong, healthy bones.♦



Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame. Also free of gluten, barley, rice and sodium. Minerals are shown in their elemental value. KOF-K Certification #0003138. Made in USA from domestic and imported ingredients.



Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



BLUEBERRY FLAVOR

Bluebonnet

Calcium **Milk-Free** **Magnesium Citrate & Vitamin D₃**

BONE HEALTH ♦



Directions: As a dietary supplement, take one tablespoon (15 mL) daily or as directed by a healthcare practitioner. **Shake well before serving. Store tightly closed and refrigerate after opening.**

Supplement Facts

Serving Size 1 Tablespoon (15 mL)
Servings Per Container 32

Amount Per Serving		% Daily Value
Calories	20	
Total Carbohydrate	2 g	1%**
Total Sugars (as fructose)	1 g	*
Includes 1 g added sugars		2%**
Vitamin D (as cholecalciferol)	10 mcg	50%
Calcium (as citrate)	600 mg	46%
Magnesium (as citrate, aspartate)	300 mg	71%

**Percent Daily Value based on a 2,000 calorie diet.
*Daily Value not established.

Other ingredients: Purified water, fructose, citric acid, natural blueberry flavor, xanthan gum, potassium sorbate (to protect freshness), carrageenan.

Manufactured for
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DIETARY SUPPLEMENT • 16 FL OZ (473 mL)