

Bluebonnet's Calcium Citrate & Magnesium Caplets are formulated with calcium in a chelate of calcium citrate and magnesium from reacted magnesium aspartate for strong, healthy bones. ♦



Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten, barley and sugar.

Minerals are shown in their elemental value.

Bluebonnet's KOF-K Certification #K-0000700

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.



♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Dietary Supplement **180 Caplets**

The Bluebonnet logo is at the top center, featuring the brand name in white on a purple background with a blue flower illustration. Below it, the product name 'Calcium Citrate & Magnesium' is written in large, bold black font. A 'MADE WITH NON-GMO INGREDIENTS' seal is on the left. A purple bar at the bottom contains the text 'Bone Health ♦'.

Directions: As a dietary supplement, take four caplets once daily or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

Supplement Facts

Serving Size 4 Caplets
Servings Per Container 45

Amount Per Serving		% Daily Value
Calcium (as calcium citrate)	1000 mg	77%
Magnesium (as magnesium aspartate)	400 mg	95%

Other ingredients: Vegetable cellulose, stearic acid, silicon dioxide, vegetable magnesium stearate, vegetable glaze.

Manufactured by
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