

Bluebonnet's Buffered Chelated Magnesium Vegetable Capsules are formulated with chelated magnesium bisglycinate buffered with magnesium oxide to increase the pH (alkalinity), making it more gentle on the digestive tract. ♦



Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soybeans and sesame.

Also free of gluten, barley and sugar.

Minerals are shown in their elemental value.

Bluebonnet's KOF-K Certification #K-0000700

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Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition.

Keep out of reach of children.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Bluebonnet

Buffered Chelated Magnesium

Stress, Immune & Heart Health ♦



Dietary Supplement

60 Vegetable
Capsules

Directions: As a dietary supplement, take one capsule daily or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving		% Daily Value
Magnesium	200 mg	48%
(as magnesium bisglycinate chelate, magnesium oxide)		

Other ingredients: Capsule (hypromellose, purified water), vegetable magnesium stearate, vegetable cellulose.

Manufactured by
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