

Directions: As a dietary supplement, take two capsules once daily, preferably with a meal or as directed by a healthcare practitioner. Store tightly closed in a cool, dry place.

Bluebonnet's Beta-Carotene, C, E & Selenium Vegetable Capsules are formulated with a combination of four potent antioxidants to combat the harmful effects of free radicals and help support immune health. ♦

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and sesame.

Also free of gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700

Minerals are shown in their elemental value.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.



♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Bluebonnet



Beta Carotene, C, E & Selenium

Antioxidant & Immune Support ♦



Dietary Supplement **60** Vegetable Capsules

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value	
Vitamin A (as beta-carotene)	7500 mcg	833%
Vitamin C (as L-ascorbic acid)	1000 mg	1667%
Vitamin E (as d-alpha tocopheryl succinate)	268 mg	1787%
Selenium (as selenomethionine)	200 mcg	286%
Carotenoid Blend/Mix (gamma-carotene and beta-zeacarotene)	35 mg	*

*Daily Value not established.

Other ingredients: Capsule (hypromellose, purified water), vegetable magnesium stearate.

Contains: Soybeans

Manufactured by
Bluebonnet Nutrition Corporation
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