



Instant Reorder



Lot # and Expiration
Date Printed on
bottom of Bottle
V1R0

SUGGESTED USE: As a dietary supplement take two (2) capsules once a day. For best results take 20-30 min before bedtime with an 8oz. glass of water or as directed by your healthcare professional.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT OF THE REACH OF CHILDREN
DO NOT USE IF SAFETY SEAL IS
DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



COGNIZANCE

Rest & Rejuvenation Support*

SLEEP

DIETARY SUPPLEMENT

60 CAPSULES

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 30

	Amount Per Serving	%DV
Calcium (as Calcium Carbonate)	17 mg	1%
Vitamin B6 (Pyridoxine HCl)	1.8 mg	106%
Magnesium (as Magnesium Citrate)	13 mg	3%
Melatonin	10 mg	**

Sleep Formula Proprietary Blend: 905 mg **

L-Tryptophan, Goji (*Wolfberry*)(*Lycium barbarum*)(berry), Chamomile (*Matricaria chamomilla*)(flower), Lemon Balm (*Melissa officinalis*)(aerial), Passion Flower (*Passiflora incarnata*)(flower), L-Taurine, Hops (*Humulus lupulus*)(flower), St. John's Wort (*Hypericum perforatum*)(aerial), GABA (*Gamma aminobutyric acid*), Skullcap (*Scutellaria bakalmis*)(root), L-Theanine, Ashwagandha (*Withania somnifera*)(root), Inositol, 5-HTP (*Griffonia simplicifolia*)(seed).

** Daily Value (DV) not established

Inactive Ingredients: Cellulose (Vegetable Capsule), Magnesium Stearate (Vegetable), Silicon Dioxide.

DISTRIBUTED BY: DAILY NUTRITION
SALT LAKE CITY, UTAH

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