

Omega-3 Fatty Acids: 690 mg (EPA: 144 mg, DHA: 96 mg), Omega-6 Fatty Acids: 600 mg (GLA: 160 mg), Omega-9 Fatty Acids: 420 mg, Other Fatty Acids, Saturated Fats & Phospholipids: 690 mg.

Suggested Use: As a dietary supplement, take 2 softgels 1 to 3 times daily with meals.

Free Of: sugar, salt, yeast, wheat, gluten, corn, milk, egg, preservatives, and artificial colors.

Warning: Caution, please discard the inedible freshness packet enclosed.

Produced and Distributed By:
California Academy of Health (CAOH)

Web: www.caoh.com

Email: info@caoh.com



Ultra Omega™

3 - 6 - 9

From Fish Oil, Flaxseed and Borage



180 - 1200 mg Softgels
Dietary Supplement
Made in the U.S.A.



Supplement Facts#

Serving Size: 2 Softgels

Servings Per Bottle: 90

	Amount Per Serving	% Daily
Value		
Calories	25	
Total Fat	2.4 g	4%
Saturated Fat	< 0.5 g	2%
Trans Fat	0 g	**
Polyunsaturated Fat	1.4 g	**
Monounsaturated Fat	0.6 g	**
Cholesterol	0 mg	0%
Protein	< 0.6 g	< 2%
Vitamin E (as d-alpha Tocopherol - Mixed)	20 IU	70%
Borage Oil (Seed) (Borago officinalis L.)	800 mg	**
Fish Oil	800 mg	**
Organic Flaxseed Oil (Seed) (Linum isatissimum)	800 mg	**

Other Ingredients: Gelatin, Glycerin, and Natural d-alpha Tocopherol with Mixed Tocopherols.

** Percent Daily Value Not Established.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.