

Suggested Usage: As a dietary supplement, take 2 capsules twice daily with 8-12 oz. of water, preferably before meals or as directed. Consider taking this product in combination with CAO's CaliTrim™, and Liquid Power™.

Contains no: sugar, salt, starch, yeast, wheat, gluten, corn, milk, egg, shellfish, or preservatives.

Caution: Contains a soy derivative. This product contains Niacin which may cause temporary flushing, tingling or skin reddening. Pregnant or lactating women, those with medical conditions, or those taking prescription drugs should consult their healthcare provider before using this product. Discontinue if nervousness, sleeplessness, or nausea occurs. Do not eat the freshness packet.

This product contains 54 mg of natural caffeine per serving (equivalent to about 1/2 cup of coffee).

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California Academy of Health - CAO

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Thermogenic Energy Factors™



**Energy & Weight Loss
Thermogenics Support**

90 Capsules
Made in the U.S.A.



Supplement Facts#

Serving Size:	2 Capsules	Servings Per Bottle: 45	Amount Per Serving	% Daily Value
Vitamin E (as d-alpha Tocopheryl Succinate)			15 IU	50%
Vitamin B-1 (from Thiamine HCl)			10 mg	670%
Riboflavin (Vitamin B-2)			10 mg	590%
Niacin (Vitamin B-3)			25 mg	130%
Vitamin B-6 (from Pyridoxine HCl)			10 mg	500%
Vitamin B-12 (as Cyanocobalamin)			100 mcg	1670%
Vitamin B-5 (from Calcium d-Pantothenate)			10 mg	100%
Iodine (from Kelp)			150 mcg	100%
Chromium (as Chromium Chelavite®)			200 mcg	170%
Potassium (from Potassium Aspartate)			55 mg	2%

CAOH Proprietary Thermogenic Energy Blend 1,215 mg:
Guarana Standardized Extract (Paullinia cupana) (Seed) (Contains 42 mg of Caffeine), Green Tea Extract (Camellia sinensis) (Leaf) (Contains 8 mg of Caffeine), Eleuthero (Eleutherococcus senticosus) (Root), Ginseng (5% Ginsenosides) (Root), Gotu Kola (Centella asiatica) (Whole Plant), Licorice (Glycyrrhiza glabra) (Root), Rhodiola Extract (Rhodiola rosea) (Root), Cayenne (Capsicum annuum) (40,000 SHU) (Fruit), Yerba Mate Extract (Ilex paraguensis) (Leaf) (Contains 4 mg of Caffeine), Alpha Lipolic Acid, CoQ10, Octacosanol (from Spinach).

Other Ingredients: Vegetarian Gelatin (Capsule) and Magnesium Stearate (Vegetable Source).

** Percent Daily Value Not Established.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.