

Supplement Facts

Serving Size: 3 caps (twice daily)*

Servings: 40 (20 day supply at 6 caps daily)

Amount per 6 capsules	% Daily Value*
Total Carb. 3.36g	<1%
Royal Maca Root (2:1) Concentrate 2940mg	▲
Vitamin K2 MK4 78mcg	97%
Vitamin D3 1800 IU (45mcg)	100%
Horsetail herb (Silica source) 20mg	▲
Boron Amino Acid Complex 3mg	100%
Magnesium Glycinate Chelate 300mg	85%
Zinc Glycinate Chelate 12mg	100%
Selenium (from maca root) 7.32mcg	13.3%

* Percent Daily Values are based on a 2,000 calorie diet.

▲ Daily Value not established.

• See directions for your dosage.

Other ingredients (Capsules): Plant cellulose, purified water.

Certified Organic by BIO LATINA, Lima Peru. Gluten-free.
No additives. Not Irradiated. Royal Maca® is Fair Traded.
Royal Maca® powder concentrate is prepared by a
proprietary heat-extruded process called Gelatinization.

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WHOLE WORLD BOTANICALS®



Made with Certified Organic
Maca Root Concentrate
GROWN & PROCESSED
in PERU

Lepidium meyenii/peruvianum
VEGETARIAN CAPSULES

ROYAL MACA® BONE & HORMONE SUPPORT

Dietary Supplement • Maca Formula Concentrate (546mg.) 120 Veg Caps

DIRECTIONS FOR USE:

Royal Maca® promotes healthy bones by helping to slow bone loss in women with hot flashes & grow new bone by raising tissue levels of IGF-1. Also helps reduce peri & menopausal symptoms when taken at optimum dosage for YOU.*

Sensitive/Petite: Take 1-2 caps daily with food.

Women with a period: Start during period with 3 caps daily. Increase 2-4 caps daily during 2nd cycle. If side effects appear, reduce dosage.

PostMenopausal with hot flashes: Start with 2 caps twice daily with food. If after 5 days, hot flashes are not 80% better, increase to 3 caps twice daily. If hot flashes get worse, you are taking TOO MUCH.

Warning: Do not combine with any form of estrogen. If you are on HRT or birth control pills, STOP for 4 weeks before starting Royal Maca®. If you have an estrogen-dependent cancer, consult your physician.

* This statement has not been evaluated by the F.D.A. This product is not intended to treat, prevent, or cure any diseases.

Manufactured by:
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