

DIRECTIONS: As a dietary supplement, add one heaping scoop (36 g) of Bluebonnet's Whey of Life® Multi-Action Whey Protein to 6 fl oz of water, soy or rice milk or your favorite fruit juice and mix or shake until smooth. For best results, liquid should be cold. Mixes instantly without the use of a blender.

Whey protein has the highest biological value (BV) of any protein on the market, which refers to a protein that has all of the essential amino acids in adequate quantities to sustain growth and development. That's why Bluebonnet's Whey of Life® Multi-Action Whey Protein uses high-quality whey protein isolate and concentrate with important, naturally-occurring immunoglobulins, which help to support the immune system. † Unlike the common practice of using a heat-processed whey protein isolate that can denature (render useless) these vital immunoglobulins, we employ a special low-temperature method, which yields an improved immune-regulating profile that cannot be found in other proteins.

Furthermore, this unique formula has both:

✓ **FAST-ACTING WHEY PROTEIN FOR QUICK RECOVERY AND AMINO ACID REPLENISHMENT †**

✓ **LONG-ACTING CASEIN FOR PROLONGED HOURS OF REPAIRING AND REBUILDING LEAN MUSCLE †**

Bluebonnet's Whey of Life® Multi-Action Whey Protein helps maintain optimal health for active men and women by providing unique standardized ingredients that function similarly to those active constituents found in whey protein. Specifically, these complementary ingredients assist in:

✓ **REDUCING OXIDATIVE STRESS †**
[Vegetarian SOD/Gliadin (GISOdin®), Fruit Polyphenols and Undenatured Whey Protein]

✓ **INCREASING ENERGY PRODUCTION †** [Undenatured Whey Protein and Nucleotides]

✓ **MAINTAINING LEAN MUSCLE †**
[Undenatured Whey Protein, Undenatured Micellar Casein, L-Glutamine and Nucleotides]

✓ **SUPPORTING IMMUNE FUNCTION †**
[Undenatured Whey Protein, Vegetarian SOD/Gliadin (GISOdin®) and Nucleotides]

TYPICAL AMINO ACID/PROTEIN FRACTION PROFILES PER SERVING*

Values are based on amino acid and protein fractions, milligrams/percentages per 18 grams of protein in a single serving of Bluebonnet's Whey of Life® Multi-Action Whey Protein.

Amino Acid	% Total Protein*	mg*
Alanine	4.8%	860 mg
Arginine	1.9%	330 mg
Aspartic Acid	10.5%	1880 mg
Cystine/Cysteine	2.2%	392 mg
Glutamic Acid	16.7%	2990 mg
Glycine	1.6%	285 mg
Histidine	1.8%	312 mg
Isoleucine**	6.5%	1170 mg
Leucine**	10%	1785 mg
Lysine	9%	1620 mg
Methionine	2%	348 mg
Phenylalanine	2.9%	508 mg
Proline	6.4%	1150 mg
Serine	4.3%	775 mg
Threonine	6.3%	1125 mg
Tyrosine	2.7%	485 mg
Tryptophan	1.6%	280 mg
Valine**	5.8%	1045 mg
Protein Fraction		
Beta-Lactoglobulin	45%	8100 mg
Glycomacropeptides (GmP)	22%	3960 mg
Alpha-Lactalbumin	18%	3240 mg
Immunoglobulins (IgG)	5%	950 mg
Serum Albumins	2%	360 mg

* Values are based on a calculation combining Whey Protein Isolate, Whey Protein Concentrate, Micellar Casein and Calcium Caseinate.

** Branched Chain Amino Acid (BCAA)

KEEP TIGHTLY CLOSED. STORE IN A COOL, DRY PLACE AWAY FROM HEAT, LIGHT AND MOISTURE.

KEEP OUT OF THE REACH OF CHILDREN.

NOTE: THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME. THEREFORE, SETTLING OF CONTENTS MAY OCCUR DURING SHIPPING.

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT. DO NOT USE FOR WEIGHT REDUCTION.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Bluebonnet

MULTI-ACTION

Whey of Life®

WHEY PROTEIN

DIETARY SUPPLEMENT POWDER

- MIXES INSTANTLY
- LOW FAT/CHOLESTEROL
- LOW SODIUM

GREAT TASTE

Natural Chocolate Blitz Flavor

Earth Sweet®
NATURAL SWEETENER

NET WT
2.2 lb (1008 g)

Supplement Facts

Serving Size 1 Scoop (36 g)
Serving Per Container 28

Amount Per Serving		%DV
Calories	130	
Calories from Fat	10	
Total Fat	1.5 g	2%*
Cholesterol	2 mg	<1%
Total Carbohydrate	11 g	4%*
Dietary Fiber	1 g	4%*
Sugars	10 g	
Protein	18 g	
Calcium	100 mg	10%
Phosphorus	50 mg	5%
Magnesium	16 mg	4%
Sodium	45 mg	2%
Potassium	110 mg	3%
L-Glutamine (L-glutamine, glutamine peptides)	500 mg	**
Immunoglobulin Protein Concentrate	200 mg	**
Nucleotides (cytidine, adenosine, guanosine, uridine monophosphates)	50 mg	**
Superoxide Dismutase/Gliadin Complex (GISOdin®)	25 mg	**
Fruit Polyphenols (from wild blueberry, cranberry, prune, cherry, bilberry fruit, grape seed, raspberry seed concentrates)	5 mg	**

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

** Percent Daily Values (DV) not established.

Ingredients: Undenatured whey protein isolate (from milk), undenatured whey protein concentrate, calcium caseinate, micellar casein, juice concentrates (wild blueberry, cranberry, prune, cherry, bilberry fruit, grape seed, raspberry seed), crystalline fructose, natural flavors, natural hazelnut flavor, Dutch processed cocoa, gum acacia, oat fiber, L-glutamine, glutamine peptides, dried unrefined cane juice, oat bran, immunoglobulin protein concentrate, non-GMO lecithin, MCT oil, nucleotides (cytidine, adenosine, guanosine, uridine monophosphates), superoxide dismutase/gliadin complex (GISOdin®).

Contains: Milk, wheat, soybeans and tree nuts (hazelnuts).

Free of egg, fish, crustacean shellfish and peanuts.

Also free of yeast, barley and rice.

EarthSweet® is a proprietary, all-natural, antioxidant sweetening mix of juice concentrates (wild blueberry, cranberry, prune, cherry, bilberry fruit, grape seed, raspberry seed), dried unrefined cane juice, crystalline fructose.

EarthSweet® and Whey of Life® are registered trademarks of Bluebonnet Nutrition Corporation.

Isocell, SA, Paris, France is the owner of US Patents 6,045,809 and 6,426,068B1 and trademark for GISOdin®.

Manufactured for
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