

AMAZING **AN** NUTRITION®

AMAZING  FORMULAS™

DIETARY SUPPLEMENT

Valerian Root

Supplement Facts

Serving Size 2 Softgels
Serving Per Container 60

Amount Per Serving

% Daily Value

Valerian Root Powder	1,000 mg	**
(Valeriana officinalis) (root)		
(a 4:1 Extract, equivalent to 2,000 mg of Valerian Root)		

** Daily Value not established

OTHER INGREDIENTS: Soybean Oil, Gelatin, Vegetable Glycerin, Soy Lecithin, Purified Water. Contains <2% of: Natural Caramel Color, Titanium Dioxide Color, Yellow Beeswax.

- ✓ Promotes Relaxation*
- ✓ Supports Calm Tranquil Sleep*
- ✓ Promotes Cell Health & Regeneration*

1,000 MG Per Serving
120 SOFTGELS



SUGGESTED USE: As a dietary supplement, adults take one (1) to three (3) veggie capsules at bedtime or as directed by a health care professional. (Capsules may be opened and prepared as tea.)

CAUTION: Not intended for use by persons under the age of 18. If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Excessive consumption may impair ability to drive a motor vehicle or operate heavy equipment.

CONTAINS NO: Preservatives, Artificial Flavor or Sweetener, Sugar, Milk, Lactose, Gluten, Wheat, Yeast, Fish or Sodium.

We believe that **Amazing Nutrition®** is the key for Healthy Living. We are passionate about bringing you the finest selection of products which can perfectly complement a healthy diet and active lifestyle.

Valerian Root is a flowering plant native to Europe, Asia, and the Americas. Amazing Formulas™ Valerian Root is a natural aid to promote relaxation and restful sleep.* Valerian Root is well-known for its sedative qualities and its ability to relax the central nervous system and the smooth muscle groups.* It is especially helpful for those who suffer from mild insomnia or have problems relaxing.*



Shop Online At:
amazingnutrition.com
Product # 21579

Call Toll-Free:
1-800-526-0177



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE.
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.

Manufactured for & Distributed by:
AMAZING NUTRITION®
An FDA Regulated Facility
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