



theVitamin  
Shoppe®

stress  
formula

stress<sup>v</sup>  
energy<sup>v</sup>  
immune<sup>v</sup>

multivitamin  
90 tablets  
dietary supplement

dairy  
free

nut  
free

actual size



## Supplement Facts

Serving Size 3 Tablets  
Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin A (as beta-carotene)	10000 IU	200%
Vitamin C (as ascorbic acid)	1000 mg	1667%
Vitamin D (as ergocalciferol)	400 IU	100%
Vitamin E (as d-alpha tocopheryl succinate)	100 IU	333%
Thiamin (Vitamin B1)(as thiamin mononitrate)	50 mg	3333%
Riboflavin (Vitamin B2)	50 mg	2941%
Niacin (as niacinamide)	100 mg	500%
Vitamin B6 (as pyridoxine HCl)	50 mg	2500%
Folic Acid	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	50 mcg	833%
Biotin	300 mcg	100%
Pantothenic Acid (as d-calcium pantothenate)	50 mg	500%
Calcium (as dicalcium phosphate, calcium carbonate)	328 mg	33%
Iodine (from kelp)	75 mcg	50%
Phosphorus (as dicalcium phosphate)	176 mg	8%
Magnesium (as magnesium oxide, citrate)	100 mg	25%
Zinc (as zinc oxide)	7 mg	47%
Selenium (as l-selenomethionine)	70 mcg	100%
Copper (as copper sulfate)	1.5 mg	75%

	Amount Per Serving	% Daily Value
Manganese (as manganese sulfate)	5 mg	250%
Potassium (as potassium citrate)	50 mg	1%
Chamomile ( <i>Matricaria chamomilla</i> )(flower)	100 mg	*
Eleuthero Extract (Siberian) ( <i>Eleutherococcus senticosus</i> )(rhizome)	100 mg	*
Korean Ginseng Extract ( <i>Panax ginseng</i> )(root)	50 mg	*
Passion Flower ( <i>Passiflora incarnata</i> )(flower)	50 mg	*
Rose Hips Extract 4:1 ( <i>Rosa canina</i> )(fruit)	50 mg	*
Betaine HCl	50 mg	*
Glutamic Acid (as L-Glutamic acid HCl)	50 mg	*

\* Daily Value not established.

**Other ingredients:** Stearic acid, microcrystalline cellulose, magnesium stearate, croscarmellose sodium, silicon dioxide, purified water, hydroxypropyl methylcellulose, polyethylene glycol, titanium dioxide, riboflavin, cocoa.

**Contains** Wheat and Soy.

**Does not contain:** Dairy, Citrus, Fish, Artificial Colors or Flavors.

**⚠ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

**DIRECTIONS:** As a dietary supplement, take three (3) tablets daily, preferably with meals.

**WARNING:** This product contains niacin, which should be taken with food. If taken on an empty stomach, niacin may cause temporary flushing. Consult your physician prior to use if you are pregnant or nursing or have high blood pressure or are taking blood-thinning medications.

STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT  
Do not use if outer seal is broken or missing.



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[vsquality.net](http://vsquality.net)

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