

## A Sensible Approach to Healthy Weight Loss!\*

### 3 in 1 • Probiotics Power • Prebiotics Green Tea

**1. Probiotics:** *Bacillus coagulans* was discovered in Japan by Dr. Nakayama. These good bacteria help maintain a healthy intestinal environment to aid with digestion. Kowa's *Bacillus coagulans* are specially formulated to survive all the way to the small intestine, where they help aid digestion best.\*

**2. Prebiotics:** Dietary fibers found in high concentrations in vegetables. We use a blend of more than 20 specially selected fermented foods that are a staple of the Japanese diet.

**3. Green Tea:** Catechins are found in green tea and clinically shown to support a healthy metabolism.\* One NutriDiet serving has more catechins than you'll find in 12 cups of green tea.

**Do not use if imprinted safety seal is broken or missing.**

\*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease or condition.

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# Nutri DIET™

Be Fit Inside And Out!™  
Dietary Supplement

### 3 in 1 Power



Actual size  
210 TABLETS

- 1. Probiotics:** Maintains a healthy intestinal environment.
- 2. Prebiotics:** Highly concentrated dietary fiber from more than 20 specially selected fermented foods to promote probiotics.\*
- 3. Green Tea:** Clinically shown to support a healthy metabolism.\*

**Suggested Use:** Take seven (7) tablets in the morning with food.

### Supplement Facts

Serving Size 7 tablets

Servings Per Container 30

Calories 5	Amount Per Serving	%DV*
Total Carbohydrate	2g	<1%*
Dietary Fiber	<1g	<1%*
Sugars	<1g	
Protein	<1g	
Catechins (From Green Tea Leaf Extract)	500mg	**
Proprietary Blend	321mg	**
Fermented Vegetable Paste***, Cyclodextrin Powder, Malted Brown Rice, <i>Bacillus coagulans</i> and <i>Lactobacillus brevis</i> .		

\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*Daily Value (%DV) not established.

**Other Ingredients:** Sweet Potato Powder, Cornstarch, Defatted Rice Bran and Germ Powder, Glycerol, and Citrus Fiber.

\*\*\* Fermented Vegetable Paste: Carrot Root, Cabbage Leaf, Mung Bean Sprouts, Burdock Root, Napa Cabbage (*Brassica rapa*) Leaf, Spinach Leaf, Lettuce (*Lactuca sativa*) Leaf, Broccoli Flower Buds, Yam Tuber, Lotus Root, Taro Tuber, Enoki Mushroom (*Flammulina velutipes*), Sweet Potato Tuber, Bok Choy (*Brassica rapa*) Leaf, Maitake Mushroom, Mustard Spinach (*Brassica rapa*) Leaf, Shungiku (*Chrysanthemum coronarium*) Leaf, Asparagus Stem, Bunashimeji Mushroom (*Hypsizygus marmoreus*), Red-leaf Lettuce (*Lactuca sativa*) Leaf, and Turnip Root.

For best results, use in conjunction with a sensible diet and exercise program.

Product of Japan. Packaged in USA. For more information visit  
Dist. by Kowa Health Care America, [www.kowahealthcare.com](http://www.kowahealthcare.com)  
Inc., Torrance, CA 90502 Or call 1-888-655-9649



**CAUTION:** Contains a small amount of caffeine, about the same level as in a cup of decaf coffee. If you are pregnant, nursing or taking any medications, consult your doctor or physician before use. Discontinue use and consult your doctor or physician if any adverse reactions occur. Not intended for use by persons under the age of 18. The plant for the manufacture of this product produces products which contain ingredients derived from milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, and soy. Store at room temperature, tightly closed. Avoid excessive heat. Keep out of reach of children.