

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this—or any—dietary supplement.

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RAW
FOREST
FOODS

DISCOVER THE INFINITE POWER WITHIN

Rooted in tradition and steeped in science, we craft high-integrity, hand-selected ingredients and masterful formulations into the finest Adaptogenics and Tonics available. Welcome to the Trail Family.

SUGGESTED USE: As a dietary supplement, adults take 3 mL (approx. 3 dropperfuls) 1-2 times daily, preferably on an empty stomach. Please consult a qualified healthcare practitioner prior to use.

RESIST LATENCY: Shake well before use.



ADAPTOGENIC



MOUNTAIN
HARVEST
PINE POLLEN™



DUAL-STAGE
EXTRACTION



BALANCE

RENEW

RAW FOREST FOODS

FOREST PRANA ELIXIR PINE POLLEN & NETTLE ROOT

Elevated



Adaptogenic &
Synergistic*

Dual-Stage
Extraction

Full Spectrum
1:2 Tincture

Forest Prana Elixir offers a synergistic and elevated formula of Mountain Harvest Pine Pollen™ and Stinging Nettle Root—potentiated with Chen Pi and Zhi Zi. Each serving contains 1.5 grams of whole, tinctured herbs. Formulated by Master Herbalists.

DIETARY SUPPLEMENT

CONT.

4 Fluid Ounces

BATCH

922

Supplement Facts

Serving Size: 3 mL (approx. 3 dropperfuls)
Servings Per Container: 39

Amount Per Serving	%DV
Forest Prana Elixir Proprietary Blend (1:2 Extraction; 1.5 Gram Whole Herb Equiv.)	3 mL †
RAW Pine Pollen™ (<i>Pinus massoniana</i> ; Single Origin, Wild-Harvested), Stinging Nettle Root (<i>Urtica dioica</i>), Cape Jasmine Fruit (<i>Gardenia jasminoides</i> ; Zhi Zi), Green Citrus Peel (<i>Citri reticulatae</i> ; Chen Pi)	

† Daily Value (DV) not established

OTHER INGREDIENTS: Water, Alcohol (40%; Gluten-Free).
MANUFACTURED FOR: RAW FOREST FOODS LLC
(802) 349-1347 • FORAGE@RAWFORESTFOODS.COM
11ELMWOOD AVENUE, SUITE 102, BURLINGTON, VT 05402
This product is gluten free, vegan, and manufactured in the US with global ingredients in a certified cGMP reg. facility.
KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE AT ROOM TEMPERATURE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.