#### Suggested Usage: Take 1 capsule daily.

Zembrin® is an extract of Sceletium tortuosum, an herb traditionally used in South Africa for centuries to support emotional and mental well-being.\* Modern clinical studies have demonstrated that Zembrin® can promote a feeling of calm while enhancing mental alertness.\* In effect, it can help maintain emotional stability while enhancing certain cognitive functions, such as memory and mental flexibility.\* Zembrin® may also help you get to sleep faster by promoting mental relaxation, but not drowsiness.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Not recommended for pregnant/nursing women. Consult physician if taking medication (especially antidepressant or anti-anxiety drugs) or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product. Store in a cool, dry place after opening.

This bottle is made from 100% PCR (post-consumer recycled) resin.

CODE 2396





# Calm & Focus

with Zembrin® & GABA

Cognitive Support\*

Clinically Validated



#### **General Health**

Family owned since 1968.

## **Supplement Facts**

Serving Size 1 Veg Capsule

### **Amount Per Serving**

Zembrin® [Sceletium tortuosum (Aerial Parts) Extract]	25 mg**
GABA (Gamma-Aminobutyric Acid)	300 mg**

\*\* Daily Value not established

Other ingredients: Hypromellose (cellulose capsule), Maltodextrin (non-GMO), Stearic Acid (vegetable source), Ascorbyl Palmitate and Silicon Dioxide.

Manufactured by NOW FOODS, 395 S. Glen Ellyn Rd. Bloomingdale, IL 60108, USA nowfoods.com

Made and quality tested in the USA with globally sourced

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Zembrin® is a registered trademark of HG&H Pharmaceuticals (Pty) Limited.

