

SUGGESTED USAGE: Add 1 level scoop daily to 8 oz. of cold water, milk, or your favorite juice. Stir or blend.

NOW® Whey Protein Isolate is a high quality protein that is both bioavailable and easily digested. Whey protein has naturally occurring branched-chain amino acids (BCAAs). NOW® Whey Protein Isolate is ideal for active individuals.

Whey protein is considered to have the highest biological value (BV) of any protein source – superior in essential amino acid content to beef, milk, casein or soy.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Natural color variation may occur in this product.

EUA # 1482865

Code 2172FN v12



WHEY PROTEIN ISOLATE

PROTEIN POWDER



NET WT. 1.2 LBS. (544 G)



Nutrition Facts

About 19 servings per container
Serving size 1 level scoop (28g)

Amount per serving
Calories 110

	% Daily Value*
Total Fat 0.5g	<1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 45mg	2%
Total Carbohydrate <1g	<1%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 25g	50%
Vit. D 0mcg 0% • Calcium 121mg 10%	
Iron 0mg 0% • Potas. 155mg 4%	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WHEY PROTEIN ISOLATE, SUNFLOWER LECITHIN (< 1%).

CONTAINS MILK.

NOW FOODS, 395 S. GLEN ELLYN RD.
BLOOMINGDALE, IL 60108, USA
nowsportsproducts.com

Packaged and quality tested in the USA.

Not manufactured with yeast, wheat, gluten, soy, corn, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product is sold by weight not volume.

Store in a cool, dry, dark place after opening.

Typical Amino Acid Profile (example) (per serving)**			
Essential Amino Acids	mg Per Serving	Non-Essential Amino Acids	mg Per Serving
L-Histidine	420	L-Alanine	1288
L-Isoleucine***	1568	L-Arginine	588
L-Leucine***	2716	L-Aspartic Acid	2716
L-Lysine	2716	L-Cysteine	728
L-Methionine	560	L-Glutamic Acid	4768
L-Phenylalanine	812	Glycine	448
L-Threonine	1708	L-Proline	1540
L-Tryptophan	448	L-Serine	1036
L-Valine***	1288	L-Tyrosine	756

**subject to natural variability

***Branched-Chain Amino Acids