

SUGGESTED USAGE: Add 1 level scoop daily to 8 oz. of cold water, milk, or your favorite juice. Stir or blend.

NOW® Certified Organic Whey Protein is a natural whey protein that is concentrated from organic milk, which was produced without the use of synthetic growth hormones (rBGH), antibiotics or pesticides. It is processed by low temperature ultrafiltration to limit denaturation of the proteins, and is both bioavailable and easily digested. Whey protein also has naturally occurring branched-chain amino acids (BCAAs). These qualities make NOW® Certified Organic Whey Protein ideal for active individuals seeking the most natural and wholesome milk protein for themselves and their families.

Whey protein is considered to have the highest biological value (BV) of any protein source – superior in essential amino acid content to beef, milk, casein or soy.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Natural color variation may occur in this product.

EUA # 1482865

Code 2205N v7



ORGANIC WHEY PROTEIN

PROTEIN POWDER



NET WT. 1 LB. (454 G)



Nutrition Facts

About 19 servings per container

Serving size 1 level scoop (24g)

Amount per serving
Calories 100

	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 35mg	2%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 19g	38%
Vit. D 0mcg 0%	Calcium 78mg 6%
Iron 0.2mg 2%	Potas. 74mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENT: ORGANIC WHEY PROTEIN CONCENTRATE.
CONTAINS MILK.

PACKAGED BY
NOW FOODS, 395 S. GLEN ELLYN RD.
BLOOMINGDALE, IL 60108, USA
nowsportsproducts.com

Certified Organic by QAI. US-ORG-050
Packaged and quality tested in the USA.

Not manufactured with yeast, wheat, gluten, soy, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product is sold by weight not volume.
Store in a cool, dry, dark place after opening.

Typical Amino Acid Profile (example) (per serving)**

Essential Amino Acids	mg Per Serving	Non-Essential Amino Acids	mg Per Serving
L-Histidine	314	L-Alanine	777
L-Isoleucine***	1058	L-Arginine	412
L-Leucine***	2112	L-Aspartic Acid	2169
L-Lysine	1636	L-Cystine	130
L-Methionine	444	L-Glutamic Acid	3312
L-Phenylalanine	578	Glycine	351
L-Threonine	1506	L-Proline	1319
L-Tryptophan	327	L-Serine	1005
L-Valine***	988	L-Tyrosine	565

***subject to natural variability

****Branched-Chain Amino Acids