

SUGGESTED USAGE: Mix 1 level tablespoon into 8 oz. of water or other beverage 1 to 3 times daily.

Leucine is one of the three branched-chain amino acids (BCAAs) that is critical in muscle tissue structure.* Among the BCAAs, leucine is unique in its role as a signaling molecule that helps to regulate optimal skeletal muscle protein synthesis in normal tissues.* In addition, it helps to maintain already healthy glucose metabolism and insulin function, and may help to promote the use of fat for energy.* Studies suggest that leucine, in conjunction with adequate dietary protein, may help to build and maintain lean tissue and optimize body composition.* NOW® Sports Leucine Powder is instantized for easy mixing in water, beverages or smoothies. No clumping.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Code 0241N v5



L-LEUCINE POWDER

AMINO ACIDS

MIXES
EASILY

BUILDS
LEAN
TISSUE*

FREE
FORM

NET WT. 9 OZ. (255 G)

A Dietary Supplement



Supplement Facts

Serving Size 1 Level Tablespoon (approx. 5 g)
Servings Per Container about 51

Amount Per Serving

L-Leucine Powder (Instantized, Non-GMO)	5 g (5,000 mg)**
--	------------------

** Daily Value not established.

Other ingredient: Non-GMO Sunflower Lecithin (< 5%).

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowsportsproducts.com

Packaged and quality tested in the USA.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product is sold by weight not volume.

Natural color variation may occur in this product.

Store in a cool, dry, dark place after opening.