

Suggested Usage: Take 1 softgel daily with a fat-containing meal.

Lutein and zeaxanthin are free radical scavenging carotenoids that are preferentially deposited in the macula, a specialized area of the eye that is responsible for central vision.* Acting as primary filters of high-energy blue light, lutein and zeaxanthin help to promote normal visual health by neutralizing free radicals formed by light exposure, which is critical for normal recovery from bright light exposure and the maintenance of healthy contrast sensitivity.* Lutein and zeaxanthin are also found in neural tissues, including the brain, where they can support normal cognitive function, maintain a positive mood, and optimize the stress response.* These carotenoids may also play a role in optimizing sleep quality by minimizing sleep latency and arousal during the night.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Lutemax® is a registered trademark of OmniActive Health Technologies, LTD.

SOFTGEL
SIZE

CODE 3064 V3



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Lutein & Zeaxanthin

Enhances Visual Function*

25 mg Lutein + 5 mg Zeaxanthin

- Blue Light Protection & Macular Care*
- Enhances Cognitive Function*
- Helps Optimize Sleep Quality*



60 Softgels
A Dietary Supplement



General Health

Family owned since 1968.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving

Lutein (from Marigold Flowers Extract) (<i>Tagetes spp.</i>) (Lutemax® 2020)	25 mg**
Zeaxanthin (from Marigold Flowers Extract) (<i>Tagetes spp.</i>) (Lutemax® 2020)	5 mg**

** Daily Value not established.

Other ingredients: Softgel Capsule [bovine gelatin (BSE-free), glycerin, water], Sunflower Oil and Mixed Tocopherols (from non-GMO soy oil).

NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomington, IL 60108, USA nowfoods.com

Made and quality tested in the USA with globally sourced ingredients.

Not manufactured with yeast, wheat, gluten, corn, milk, egg, fish, shellfish or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

