Suggested Usage: Take 1 capsule daily.

L-OptiZinc® is a form of zinc complexed with the amino acid methionine. Research has demonstrated this product to be better absorbed and retained longer compared to several other forms of zinc tested.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

CAPSULE SIZE

CODE 1510B V6





L-OptiZinc®

Immune Support*

- Highly Bioavailable Form
- Supports Enzyme Function*
- With Copper



100 Veg Capsules

A Dietary Supplement Vegetarian/Vegan



Minerals

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Dai Value
Zinc	30 mg	273%
(from 170 mg L-OptiZinc® Monomethionine)		
Copper	0.3 mg	33%

(from 3 mg Copper Amino Acid Chelate)

Other ingredients: Rice Flour, Hypromellose (cellulose capsule) and Stearic Acid (vegetable source).

Manufactured & Quality Tested by NOW FOODS 395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA nowfoods.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

L-OptiZinc[®] is a registered trademark of InterHealth Nutraceuticals Inc.