

How to use

Initial use: press the pump 3 times to get the liquid flowing. Shake well before every use. Carefully spray into your mouth, taste and swallow. Replace cap after use.

Directions

Use 1 spray daily. Best Before End: see base of carton. Once opened, use within 6 months. Store at room temperature and out of direct sunlight.

WARNINGS Keep out of reach and sight of children.
Suitable for vegans.

Supplement Facts

Serving size 1 spray (approx 0.0043 fl. oz [0.13ml])
Servings per container 100

	Amount per serving	% Daily Value
Vitamin D (as cholecalciferol)	25mcg (1000 IU)	125%

Other ingredients: Coconut oil.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Manufactured for **BetterYou Ltd**
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Recycling instructions

CARTON

This carton is made of material from well-managed, FSC®-certified forests and other controlled sources. Please recycle it with other paper and card products.

BOTTLE & PUMP

The bottle is made from 70% Ocean Waste Plastic – recovered from the Indian Ocean, the Caribbean Sea and the Philippine Sea – and 30% Post-Consumer Recycling (PCR). Separate components and recycle.

CAP

Our bottle cap is made from Post-Consumer Recycling (PCR) – this means it has been manufactured from recycled household plastics and can be recycled with them again.



www.betterplanetproject.co.uk

BetterYou®

D1000 Vegan Vitamin D Daily Oral Spray

Nutritional support in a spray*

25mcg (1000 IU) per daily serving

A simple and pure vegan formulation designed to maintain vitamin D levels

No more pills

100 daily servings

**0.51 fl. oz (15ml)
DIETARY SUPPLEMENT – 100 servings**

Vitamin D3 helps:



Support a normal immune system*



Aid normal muscle function*



Maintain normal bones and teeth*



Formulated in Great Britain

The UK's original vitamin oral spray range



US-PCD1V-0003

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