Suggested Usage: Shake well. For adults, take 4 drops 1 to 5 times daily. For children, administer 4 drops once daily. Do not exceed recommended dose. Take directly or add to your favorite beverage. If the dropper contacts the lips or oral tissues, thoroughly wash and dry it before replacing in the bottle and closing it completely. Best when taken with a fat-containing meal.

Each drop contains 100 IU of Vitamin D, 4 drops provide 400 IU, 20 drops provide 2,000 IU.

Caution: Keep out of reach of children. Not intended for use in infants. Give to children under 4 years old only under the direction of a pediatrician. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Do not use if tamper evident band is damaged or missing. Discard if product changes color, becomes cloudy and/or a deposit appears on the liquid surface.

CODE 0370 V10





Liquid Vitamin D-3

Structural Support*

- 400 IU per 4 drops
- Helps Maintain Strong Bones*



2 FL. OZ. (59 mL) A Dietary Supplement



Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 4 Drops (approx. 0.112 mL) Servings Per Container about 527

> Amount Per Serving

% Daily Value

Vitamin D 10 mcg (400 IU) 50% (as D3 Cholecalciferol) (from Lanolin)

Other ingredient: MCT Oil (medium chain triglycerides).

MCT Oil from coconut/palm kernel oil.

Manufactured by NOW FOODS, 395 S. Glen Ellyn Rd. Bloomingdale, IL 60108, USA nowfoods.com Made and quality tested in the USA with globally sourced ingredients.

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish, shellfish or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

