

Other ingredients: De-ionized Water, Vegetable Glycerin, Natural Flavors, Non-GMO Soy Lecithin, Citric Acid, Malic Acid, Xanthan Gum and Potassium Sorbate (as preservative).

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Made and quality tested in the USA with globally sourced ingredients.

Suggested Usage: Shake well. For adults: take 1 tablespoon (15 mL) daily with a meal. For children 4 years and older: take 1 teaspoon (5 mL) daily with a meal.

REFRIGERATE AFTER OPENING TO PRESERVE FLAVOR.

This unique formula utilizes brown rice protein as a stabilizing agent for maximum bioavailability of the vitamins, minerals and phytonutrients.

Not manufactured with wheat, gluten, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

†† Wild Berry Concentrate consists of natural chokeberry, elderberry, blueberry, black currant and apple fruit concentrates.

††† VitaBerry® Fruit Blend consists of grape and grape seed extract, wild blueberry and wild blueberry extract, raspberry and raspberry seed concentrate, cranberry, prune, tart cherry, wild bilberry and wild bilberry extract, and strawberry.

*This product may contain insignificant amounts of naturally occurring iron present in colloidal minerals.

***AAC = Amino Acid Chelate

TRAACS™ is a trademark of Albion Laboratories, Inc.; VitaBerry® is a registered trademark of VDF FutureCeuticals, Inc.; FloraGLO® is a registered trademark of Kemin Industries, Inc.

Caution: Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. Contains Xylitol, which is harmful to pets.

CODE 3773 V11



7 33739 03773 2



IRON-FREE**

Liquid Multi

WITH XYLITOL

Liquid Vitamin & Mineral

- Fast Absorption
- Added Phytonutrients
- Stabilized with Rice Protein
- Wild Berry Flavor

16 FL. OZ. (473 mL)

A Dietary Supplement Vegetarian/Vegan



Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 1 Tablespoon (15 mL) Servings Per Container about 32

	Amount Per Serving	% Daily Value
Calories	25	
Total Carbohydrate	6 g	2%*
Xylitol	3 g	†
Vitamin A (60% as Retinyl Palmitate and 40% as Beta-Carotene)	1,500 mcg	167%
Vitamin C (as Ascorbic Acid)	250 mg	278%
Vitamin D (as Ergocalciferol)	10 mcg (400 IU)	50%
Vitamin E (from d-alpha Tocopheryl Acetate)	67 mg	447%
Thiamin (Vitamin B-1) (from Thiamin Hydrochloride)	10 mg	833%
Riboflavin (Vitamin B-2)	10 mg	769%
Niacin (Vitamin B-3) (as Niacinamide)	25 mg	156%
Vitamin B-6 (from Pyridoxine Hydrochloride)	10 mg	588%
Folate	680 mcg DFE (400 mcg folic acid)	170%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	4167%
Biotin	100 mcg	333%
Pantothenic Acid (Vitamin B-5) (from Calcium Pantothenate)	25 mg	500%
Choline (from Choline Bitartrate)	25 mg	5%
Calcium (from Calcium Carbonate)	25 mg	2%
Iodine (from Organic Kelp)	75 mcg	50%
Magnesium (from Magnesium Oxide)	10 mg	2%
Zinc (from Zinc AAC***)	3 mg	27%
Selenium (from L-Selenomethionine)	15 mcg	27%
Manganese (from Manganese AAC***)	2 mg	87%
Chromium (from Chromium Nicotinate Glycinate) (TRAACS™)	10 mcg	29%
Potassium (from Potassium Chloride)	25 mg	< 1%
Wild Berry Concentrate ††	175 mg	†
VitaBerry® Fruit Blend †††	50 mg	†
Organic Aloe Vera Leaf Juice	50 mg	†
Colloidal Minerals (Fulvic Acid)	50 mg	†
Rice Protein Concentrate (from Non-GMO Brown Rice)	30 mg	†
Inositol	25 mg	†
Organic Kelp (<i>Laminaria spp.</i>) (Whole Plant)	15 mg	†
Grape Seed Extract (<i>Vitis vinifera</i>) (Standardized for Polyphenols)	10 mg	†
Citrus Bioflavonoid Complex	10 mg	†
Lutein (FloraGLO®) (from Marigold Flowers Extract)	100 mcg	†
Lycopene (from Tomato Extract)	100 mcg	†

*Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.