

Suggested Usage: Shake well before use. Take 2 teaspoons daily with juice or water on an empty stomach. **REFRIGERATE AFTER OPENING.**

Iron is an essential mineral that plays central roles in energy production, immune system function, and neurological health.* Iron is an essential component of hemoglobin, a molecule that transports oxygen to the cells of the body, and myoglobin, which binds oxygen used in muscle tissues.* NOW uses Iron Taste Free™ Ferric Glycinate, which has clinically demonstrated superior absorption and is well tolerated because it is gentle and non-constipating.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Caution: For adults only. Do not exceed recommended dosage unless directed by a physician. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Contains Xylitol, which is harmful to pets.

CODE
1447

V3

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Liquid Iron

Essential Mineral

- 18 mg Per Serving
- Iron Taste Free™ Ferric Glycinate
- Gentle & Non-Constipating*

8 FL. OZ. (237 mL)

A Dietary Supplement Vegetarian/Vegan



Minerals

Family owned since 1968.

Supplement Facts

Serving Size 2 Teaspoons (10 mL)
Servings Per Container about 24

	Amount Per Serving	% Daily Value
Calories	20	
Total Carbohydrate	5 g	2%**
Total Sugars	0 g	†
Xylitol	1 g	†
Iron (elemental) (from 95 mg Iron Taste Free™ Ferric Glycinate)	18 mg	100%

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: De-ionized Water, Vegetable Glycerin, Xylitol, Malic Acid, Citric Acid, Potassium Sorbate (as preservative), Natural Fruit Punch Flavor and Organic Stevia Leaf Extract (Enzyme-Modified Steviol Glycosides).

Manufactured by NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Made and quality tested in the USA with globally sourced ingredients.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Iron Taste Free™ is a trademark of Balchem Corporation or its subsidiaries.

