

**Suggested Usage:** Shake well. Take 5 drops daily. Take directly or add to your favorite beverage. Best when taken with a fat-containing meal.

**Caution:** For adults only. Not for use in infants or children. Consult physician if pregnant/nursing, taking any anti-coagulants (such as warfarin, Coumadin®, heparin) or other medication, or have a medical condition. Keep out of reach of children.

MenaQ7® is a registered trademark of NattoPharma ASA, Norway.

Patents granted and pending.

Store in a cool, dry place after opening.



CODE 0379B V5



**MenaQ7**

**1 FL. OZ. (30 mL)**  
A Dietary Supplement

**Non-GMO**



# Liquid D-3 & MK-7

**Bone & Cardiovascular Support\***

2,500 IU Vitamin D-3 &  
100 mcg Vitamin K-2 per 5 drops  
Mint Flavor



Vitamins

## Supplement Facts

Serving Size 5 Drops (approx. 0.184 mL)  
Servings Per Container about 163

|                        | Amount Per Serving                  | % Daily Value |
|------------------------|-------------------------------------|---------------|
| Vitamin D <sub>3</sub> | 62.5 mcg (2,500 IU)                 | 313%          |
|                        | (as Cholecalciferol) (from Lanolin) |               |
| Vitamin K <sub>2</sub> | 100 mcg                             | †             |
|                        | (as Menaquinone-7) (MK-7) (MenaQ7®) |               |
|                        | (from chickpea)                     |               |

† Daily Value not established.

Other ingredients: Medium-Chain Triglycerides (MCT) Oil, Sunflower Oil, Safflower Oil, Soy-Free Vitamin E, Peppermint Oil and Rosemary Extract. Manuf. by NOW FOODS, 395 S. Glen Ellyn Rd. Bloomingdale, IL 60108, USA [nowfoods.com](http://nowfoods.com)  
Made in USA with globally sourced ingredients. Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.