

Suggested Usage: Take 1 capsule 1 to 3 times daily, preferably with food.

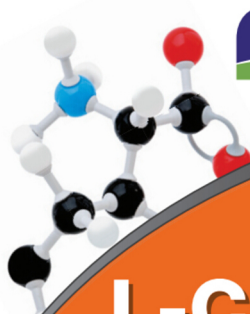
Carnosine (beta-alanyl-L-histidine) is a dipeptide, consisting of alanine and histidine. It is naturally found in high concentrations in muscles and nerve tissues and its levels are known to decrease with age. Carnosine protects cell and tissue structures during the aging process through its free-radical neutralizing and membrane-stabilizing functions.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

CAPSULE SIZE

CODE 0079B v7



L-Carnosine

500 mg

Healthy Aging*

- Supports Muscle Vitality*
- Free Radical Scavenger*
- Supports Cell Integrity*

100 Veg Capsules



A Dietary Supplement Vegetarian/Vegan



Amino Acids

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

L-Carnosine (β-alanyl-L-histidine)	500 mg**
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** Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Stearic Acid (vegetable source) and Silicon Dioxide.

Manufactured & Quality Tested by NOW FOODS
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
nowfoods.com

Not manufactured with wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

