

 *Health & longevity through the healing power of nature—that's what it means to Trust the Leaf.[®]*



Kelp (*Ascophyllum nodosum*) is a nutritional seaweed. This species grows in the tides of coastal ocean waters from zero to ten feet deep. Nature's Way uses whole dried plant **guaranteed to contain 0.06% iodine.**

Questions? Call 1-800-9NATURE or visit naturesway.com. Our Kelp is carefully harvested, tested and produced to certified quality standards.

SATISFACTION GUARANTEED. Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.

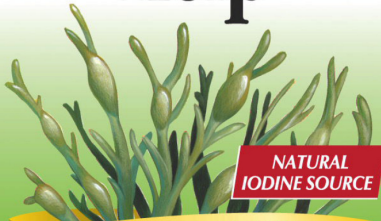


PREMIUM

**Nature's
Way**[®]

HERBAL

Kelp



**NATURAL
IODINE SOURCE**

100 Capsules / Certified 660 mg

DIETARY SUPPLEMENT

Recommendation: Take 1 capsule daily, preferably with food. Do not exceed recommended dose.

Caution: This product should not be taken by persons with known hypersensitivity to iodine or hyperthyroidism. Consult a healthcare professional before using if you are pregnant, nursing, or taking a prescribed iodine medication.

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 100

Amount Per Serving	% Daily Value	
Iron	390 mcg	2%
Iodine	400 mcg	267%
Sodium	20 mg	1%
Kelp (whole thallus)	660 mg	**

****Daily Value not established.**

Other ingredients: Gelatin (capsule)

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