

**SUGGESTED USAGE:** As a dietary supplement, take 1 softgel daily with a fat-containing meal, or as directed by your healthcare practitioner.

**HOW IT WORKS:** Coenzyme Q<sub>10</sub>, also called Ubiquinone, is present in almost all cells, where it is necessary for mitochondrial energy production.\* The body's highest concentrations of Coenzyme Q<sub>10</sub> (CoQ<sub>10</sub>) are found in the heart, where constant chemical energy availability is imperative. In addition to its critical role in energy production, CoQ<sub>10</sub> also functions as a powerful fat soluble free radical scavenger for vascular structures, as well as for other tissues including the brain and nerves.\*

**CAUTIONS/INTERACTIONS:** Coenzyme Q<sub>10</sub> may interact with anticoagulant and antihypertensive medications, as well as chemotherapy agents. Statin medications have been shown to decrease CoQ<sub>10</sub> levels in the body and CoQ<sub>10</sub> supplementation may be useful when taking these drugs. Consult your healthcare professional if you are taking any of these medications. For more information on this product go to [www.protocolforlife.com/P3182](http://www.protocolforlife.com/P3182)

**This bottle contains an AGELESS® Oxygen Absorber to ensure freshness. Do not eat packet.**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CODE  
P3182  
V4



**PROTOCOL**  
FOR LIFE BALANCE®

Maximum Strength  
**CoQ10**  
**600 mg**

- Supports Healthy Heart Muscle\*
- With Lecithin & Vitamin E

**60 Softgels**

A Dietary Supplement



## Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	10	
Calories from Fat	5	
Total Fat	0.5 g	< 1%*
Total Carbohydrate	< 1 g	< 1%*
Vitamin E (as d-alpha Tocopherol)	30 IU	100%
<b>Coenzyme Q<sub>10</sub> (CoQ<sub>10</sub>)</b>	<b>600 mg</b>	<b>†</b>
Soy Lecithin	50 mg	†

\* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Other ingredients: Rice Bran Oil, Softgel Capsule (gelatin, glycerin, water, annatto extract, zinc oxide) and Beeswax. PEG-Free.

Formulated & Distributed by Protocol For Life Balance®  
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA

Not manufactured with wheat, gluten, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Protocol For Life Balance® CoQ<sub>10</sub> is Pharmaceutical Grade, natural, all-trans form of CoQ<sub>10</sub> produced by fermentation.

This product has more CoQ<sub>10</sub> (600 mg per softgel) than our regular strength product (60 mg per softgel).

Store in a cool, dry place after opening. Please Recycle.