

Suggested Usage: Take 3 tablets daily with food.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Not manufactured with wheat, gluten, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. Contains Xylitol, which is harmful to pets. This product contains Biotin which may interfere with some blood test results. Go to nowfoods.com/biotinlab for details.

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CODE 3796D V15

TABLET SIZE



EVE™ Tablets

Superior Women's Multi

- With Cranberry, Alpha Lipoic Acid & CoQ10
- Plus Superfruits - Pomegranate, Acai & Mangosteen



90 Tablets

A Dietary Supplement Vegetarian/Vegan



Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 3 Tablets Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin A (100% as Beta-Carotene)	3,000 mcg	333%
Vitamin C (from Calcium Ascorbate and Ascorbyl Palmitate)	300 mg	333%
Vitamin D (as Ergocalciferol)	25 mcg (1,000 IU)	125%
Vitamin E (as d-alpha Tocopheryl Succinate)	134 mg	893%
Vitamin K-1 (as Phytonadione)	35 mcg	29%
Thiamin (Vitamin B-1) (from Thiamin HCl)	25 mg	2083%
Riboflavin (Vitamin B-2)	25 mg	1923%
Niacin (Vitamin B-3) (as Niacinamide and from Inositol Hexanicotinate)	30 mg	188%
Vitamin B-6 (from Pyridoxine HCl and Pyridoxal-5-Phosphate (P-5-P))	25 mg	1471%
Folate	1,360 mcg DFE (800 mcg folic acid)	340%
Vitamin B-12 (as Methylcobalamin)	200 mcg	8333%
Biotin	300 mcg	1000%
Pantothenic Acid (Vitamin B-5) (from Calcium Pantothenate)	50 mg	1000%
Choline (from Choline Bitartrate)	25 mg	5%
Calcium [from Calcium Carbonate (Aquamin® Seaweed Derived Minerals) and Calcium Ascorbate]	250 mg	19%
Iron (from Ferrous Bisglycinate) (Ferrochel™)	18 mg	100%
Iodine (from Potassium Iodide)	150 mcg	100%
Magnesium (from Magnesium Citrate and Aquamin® Seaweed Derived Minerals)	100 mg	24%
Zinc (from Zinc Bisglycinate) (TRAACS™)	15 mg	136%

Selenium (from L-Selenomethionine)	200 mcg	364%
Copper (from Copper Bisglycinate) (TRAACS™)	1 mg	111%
Manganese (from Manganese Bisglycinate) (TRAACS™)	2 mg	87%
Chromium (from Chromium Picolinate)	120 mcg	343%
Molybdenum (from Sodium Molybdate)	75 mcg	167%
Potassium (from Potassium Chloride)	25 mg	< 1%
Cranberry (<i>Vaccinium macrocarpon</i>) (Fruit)	100 mg	†
Pomegranate Extract (Fruit)	50 mg	†
Organic Acai (<i>Euterpe oleracea</i>) (Fruit Skin and Pulp)	50 mg	†
Mangosteen Extract (Fruit Peel) (<i>Garcinia mangostana</i>)	50 mg	†
CoQ10 (Coenzyme Q10)	30 mg	†
Alpha Lipoic Acid	30 mg	†
Inositol	25 mg	†
Organic Aloe Vera (Leaf) (Concentrate)	25 mg	†
Lycopene (from Tomato Extract)	500 mcg	†
Lutein (from Marigold Flowers Extract) (<i>Tagetes erecta</i>) (FloraGLO®)	500 mcg	†
Vitamin K-2 (as Menaquinone)	45 mcg	†

† Daily Value not established.

Other ingredients: Microcrystalline Cellulose, Hydroxypropyl Cellulose, Vegetarian Coating [hypromellose (cellulose), calcium carbonate, xylitol, mct oil (medium-chain triglycerides), spirulina extract, riboflavin], Silicon Dioxide, Stearic Acid (vegetable source) and Croscarmellose Sodium.

Vitamin E from non-GMO soy.
MCT oil from coconut/palm kernel oil.

NOW FOODS, 395 S. Glen Ellyn Rd.
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nowfoods.com
Made and quality tested in the USA with globally sourced ingredients.

