

Suggested Usage: Take 4 capsules daily with food.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. This product contains Biotin which may interfere with some blood test results. Go to nowfoods.com/biotinlab for details.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.



CAPSULE SIZE

CODE 3798B V11



IRON-FREE

EVE™

Capsules

Superior Women's Multi

- With Cranberry, Alpha Lipoic Acid & CoQ10
- Plus Superfruits - Pomegranate, Acai & Mangosteen



120 Veg Capsules

A Dietary Supplement Vegetarian/Vegan



Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 4 Veg Capsules Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin A (100% as Beta-Carotene)	3,000 mcg	333%
Vitamin C (from Calcium Ascorbate and Ascorbyl Palmitate)	300 mg	333%
Vitamin D (as Ergocalciferol)	25 mcg (1,000 IU)	125%
Vitamin E (as d-alpha Tocopheryl Succinate)	134 mg	893%
Vitamin K (as K-1 Phyttonadione)	35 mcg	29%
Thiamin (Vitamin B-1) (from Thiamin HCl)	25 mg	2083%
Riboflavin (Vitamin B-2)	25 mg	1923%
Niacin (Vitamin B-3) (from Niacinamide and Inositol Hexanicotinate)	30 mg	188%
Vitamin B-6 (from Pyridoxine HCl and Pyridoxal-5-Phosphate (P-5-P))	25 mg	1471%
Folate	1,360 mcg DFE (800 mcg folic acid)	340%
Vitamin B-12 (as Methylcobalamin)	200 mcg	8333%
Biotin	300 mcg	1000%
Pantothenic Acid (Vitamin B-5) (from Calcium Pantothenate)	50 mg	1000%
Choline (from Choline Bitartrate)	25 mg	5%
Calcium [from Calcium Carbonate (Aquamin® Seaweed Derived Minerals) and Calcium Ascorbate]	250 mg	19%
Iodine (from Potassium Iodide)	150 mcg	100%
Magnesium (from Magnesium Citrate and Aquamin® Seaweed Derived Minerals)	100 mg	24%
Zinc (from Zinc Bisglycinate) (Albion™)	15 mg	136%
Selenium (from L-Selenomethionine)	200 mcg	364%
Copper (from Copper Bisglycinate) (Albion™)	1 mg	111%

Manganese (from Manganese Bisglycinate) (Albion™)	2 mg	87%
Chromium (from Chromium Picolinate)	120 mcg	343%
Molybdenum (from Sodium Molybdate)	75 mcg	167%
Potassium (from Potassium Chloride)	25 mg	< 1%
Cranberry (Vaccinium macrocarpon) (Fruit)	100 mg	†
Pomegranate Extract (Fruit)	50 mg	†
Organic Acai (Euterpe oleracea) (Fruit Skin and Pulp)	50 mg	†
Mangosteen Extract (Fruit Peel) (Garcinia mangostana)	50 mg	†
Coenzyme Q10 (CoQ10) (Ubiquinone)	30 mg	†
Alpha Lipoic Acid	30 mg	†
Inositol	25 mg	†
Organic Aloe Vera (Leaf) (Concentrate)	25 mg	†
Lycopene (from Tomato Extract)	500 mcg	†
Lutein (from Marigold Flowers Extract) (Tagetes erecta) (FloraGLO®)	500 mcg	†
Vitamin K-2 (as Menaquinone)	45 mcg	†

† Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Microcrystalline Cellulose, Stearic Acid (vegetable source) and Silicon Dioxide.

Vitamin E from non-GMO soy.

Manufactured by NOW FOODS, 395 S. Glen Ellyn Rd. Bloomingdale, IL 60108, USA nowfoods.com

Made and quality tested in the USA with globally sourced ingredients.

Not manufactured with wheat, gluten, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

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