

Suggested Usage: Take 1 capsule 1 to 2 times daily as needed, preferably on an empty stomach.

Theanine is a unique amino acid found naturally in the tea plant (*Camellia sinensis*). Theanine promotes relaxation while maintaining alertness and promotes healthy cognitive function.* Theanine may also support healthy vascular function through this relaxing effect.*

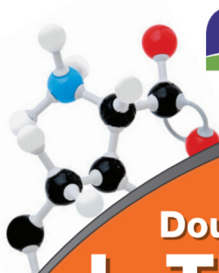
*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

CAPSULE SIZE

CODE 0148D V5



Double Strength L-Theanine 200 mg

Stress Management*

- Promotes Relaxation*
- Healthy Vascular Function*
- With Inositol

120 Veg Capsules

A Dietary Supplement Vegetarian/Vegan



Amino Acids

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

L-Theanine	200 mg**
Inositol	100 mg**

** Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Stearic Acid (vegetable source) and Silicon Dioxide.

Manufactured & Quality Tested by NOW FOODS
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
nowfoods.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product has twice the L-Theanine (200 mg per capsule) as in our regular strength product (100 mg per capsule).

Store in a cool, dry place after opening.

