

SUGGESTED USAGE: Add 1 level scoop of BCAA Big 6 to a glass or shaker cup filled with 14-16 oz. of water or your favorite beverage. Stir or shake vigorously for about 15-20 seconds to ensure a good mix. Can be taken before, during, or after exercise.

BCAA Big 6 is an advanced caffeine-free sports supplement formulated to support exercise endurance and recovery from intense workouts.* BCAA Big 6 features branched-chained amino acids (BCAAs) to support muscle retention and recovery, and betaine to help maintain fluid balance during exercise.* BCAA Big 6 also has taurine, which can further support endurance.* BCAA Big 6 includes citrulline and glutamine to complement this formula.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication (including antihypertensive, nitrates, vasodilating drugs and/or diuretic medications), or have a medical condition (including heart and/or conditions affecting blood pressure). Keep out of reach of children. Contains Xylitol, which is harmful to pets.

Do not eat freshness packet enclosed.

Code 0119N V3



BCAA BIG 6

● AMINO ACIDS / ENDURANCE* / RECOVERY* ●



NATURAL
GRAPE

6 AMINO
ACIDS

5 G
BCAAs

1.5 G
BETAINE

NET WT. 600 G (21.16 OZ.)

A Dietary Supplement



Supplement Facts

Serving Size 1 Level Scoop (approx. 19 g)

Servings Per Container about 32

	Amount Per Serving	% Daily Value
Calories	25	
Total Carbohydrate	7 g	3%**
Xylitol	2 g	†
Sodium	240 mg	10%
Branched-Chain Amino Acids (L-Leucine, L-Isoleucine, L-Valine)	5 g (5,000 mg)	†
Betaine Anhydrous [TMG (Trimethylglycine)]	1.5 g (1,500 mg)	†
L-Citrulline	1 g (1,000 mg)	†
L-Glutamine	1 g (1,000 mg)	†
Taurine	1 g (1,000 mg)	†

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Natural Flavors, Xylitol, Sodium Bicarbonate Powder, Citric Acid, Tartaric Acid, Silicon Dioxide, Malic Acid, Grape Skin Extract, Guar Gum, Stevia Leaf Extract (Rebaudioside A) and Xanthan Gum.

NOW FOODS, 395 S. Glen Ellyn Rd.
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Made and quality tested in the USA with globally sourced ingredients.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

Store in a cool, dry, dark place after opening.