**SUGGESTED USAGE:** Take 4 capsules daily, preferably with juice.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

Typical Amino Acid Profile (example) (per serving)**				
Essential Amino Acids	mg Per 4 Capsule Serving	Non-Essential Amino Acids	mg Per 4 Capsule Serving	
L-Histidine	37	L-Alanine	97	
L-Isoleucine***	115	L-Arginine	276	
L-Leucine***	205	L-Aspartic Acid	220	
L-Lysine	185	L-Cysteine	38	
L-Methionine	35	L-Glutamic Acid	410	
L-Phenylalanine	72	L-Glutamine	204	
L-Threonine	141	Glycine	47	
		L-Ornithine	31	
L-Tryptophan	37	L-Proline	123	
L-Valine***	141	L-Serine	106	
**subject to natural	variability	L-Tyrosine	66	

<sup>\*\*\*</sup>Branched-Chain Amino Acids

FUA # 1482865

Code 0013CN V13









## AMINO COMPLETE





**AMINO ACIDS** 









## **Supplement Facts**

Serving Size 4 Veg Capsules Servings Per Container 90

	Amount Per Serving	% Daily Value
Calories	10	
Protein	2 g	4%*
Vitamin B-6 (from Pyridoxine HCI)	13 mg	765%

Blend of peptide-bound 2.8 g (2,800 mg) †
Amino Acid sources (Whey Protein Isolate, Soy
Protein Isolate, Sodium Caseinate) plus Amino Acids
(L-Glutamine, L-Arginine, L-Ornithine)

Other ingredients: Hypromellose (cellulose capsule), Hydroxypropyl Cellulose, Stearic Acid (vegetable source) and Silicon Dioxide.

Contains milk and sov.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomingdale, IL 60108, USA nowsportsproducts.com

Made and quality tested in the USA with globally sourced ingredients.

Not manufactured with wheat, gluten, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry, dark place after opening.

<sup>\*</sup> Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.