

These potent liquid shots are perfect for working out, important meetings, that big test, or wherever life requires you to be at your best!

- **Provides a Full Spectrum of B-Vitamins**
- **Sugar Free, Sweetened with Xylitol**
- **No Artificial Colors or Flavors**
- **Refreshing, Natural Blend of Raspberry, Strawberry and Cherry Flavors**



CODE 0453D VS



CRTN0453D

B-12 10,000 mcg Energy Boost*

Looking to jump-start your day with a burst of energy? NOW® B-12 is a powerful blend of vitamin B-12 and indispensable nutrients for cellular energy utilization.* With a complete B vitamin profile, and an energizing 10,000 mcg blast of vitamin B-12, this advanced energy formula will keep you at the top of your game!*

We've carefully formulated the nutrient profile in NOW® B-12 10,000 mcg Energy Boost to work synergistically, in order to keep you sharp, focused, and fired-up for hours!*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. Contains Xylitol, which is harmful to pets. This product contains Biotin which may interfere with some blood test results. Go to nowfoods.com/biotinlab for details.

Store in a cool, dry place after opening.

This carton is made from 100% Recyclable Material.

now SHOTS™

B-12
10,000 mcg

energy boost*

mixed berry

12 : 15 mL (0.5 FL. OZ.) SHOTS

A Dietary Supplement Vegetarian/Vegan



Supplement Facts

Serving Size 1 Tube (15 mL) Servings Per Container 12

	Amount Per Serving	% Daily Value
Calories	25	
Total Carbohydrate	9 g	3%**
Total Sugars	0 g	†
Includes 0 g Added Sugars		0%**
Sugar Alcohols (Xylitol & Erythritol)	4 g	†
Thiamin (Vitamin B-1) (from Thiamin HCl)	3 mg	250%
Riboflavin (Vitamin B-2) (from Riboflavin-5-Phosphate Sodium)	3.4 mg	262%
Niacin (Vitamin B-3) (as Niacinamide)	50 mg	313%
Vitamin B-6 (from Pyridoxine HCl)	10 mg	588%
Folate	680 mcg DFE (400 mcg folic acid)	170%
Vitamin B-12 (as Cyanocobalamin)	10 mg (10,000 mcg)	416,667%
Biotin	300 mcg	1000%
Pantothenic Acid (from Calcium Pantothenate)	50 mg	1000%
Choline (from Choline Bitartrate)	5 mg	1%
Inositol	5 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: De-ionized Water, Vegetable Glycerin, Xylitol, Erythritol, Natural Flavors, Malic Acid and Potassium Sorbate (as preservative).

NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomington, IL 60108, USA nowfoods.com

Made and quality tested in the USA with globally sourced ingredients.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

SUGGESTED USAGE: Shake plastic tube before using. Snap top off of tube and squeeze liquid contents into mouth and swallow. Take 1 tube daily with a meal, preferably in the morning.