Suggested Usage: Mix 1/4 level teaspoon daily in juice or water.

Vitamin C is a water soluble nutrient well known for its vital role in the immune system.* Vitamin C is also necessary for the production of collagen (a structural protein in connective tissue) and is therefore important for skin, bone, and joint health.* Vitamin C is needed for amino acid metabolism, neurotransmitter synthesis, and the utilization of many nutrients, such as folic acid and iron.* It is also a highly effective antioxidant that can help maintain healthy tissues by neutralizing free radicals generated during normal metabolism and exposure to environmental stressors.*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

CODE 0791 V9

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NOW®

Vitamin C Crystals

Ascorbic Acid

Antioxidant Protection*

- Pure Powder
- Pharmaceutical Grade

Non-GMO

NET WT. 1 LB. (454 g)

A Dietary Supplement Vegetarian/Vegan K

Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 1/4 Level Teaspoon (1.1 g)
Servings Per Container about 413

	Amount Per Serving	% Daily Value
Vitamin C (Ascorbic Acid)	1.1 g (1,100 mg)	1222%

Other ingredients: None.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomingdale, IL 60108, USA nowfoods.com

Packaged and quality tested in the USA.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Fine ascorbic acid dissolves more readily in liquids than regular crystalline ascorbic acid. This product is pharmaceutical grade.

This product is sold by weight not volume.

Store in a cool, dry place after opening.

CH GMP QUALITY ASSURED