

Suggested Usage: Take 1 capsule daily with a meal.

Vitamin D-2, or ergocalciferol, is a vegetarian-based form of vitamin D that can help to maintain optimal levels of vitamin D in the body.* Vitamin D enhances the uptake of calcium from the diet, is critical for bone health, and supports the immune system.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

This bottle is made from 100% PCR (post-consumer recycled) resin.

CPASULE SIZE

CODE 0368B V8



Vegetarian, Dry Vitamin D

1,000 IU - High Potency

Bone & Immune Health*

- Supports Healthy Teeth*
- Promotes Muscle Health*

120 Veg Capsules

A Dietary Supplement Vegetarian/Vegan



Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Vitamin D ₂ (as Ergocalciferol)	25 mcg (1,000 IU)	125%

Other ingredients: Rice Flour, Hypromellose (cellulose capsule), Stearic Acid (vegetable source), Maltodextrin (non-GMO), Silicon Dioxide, Ethyl Cellulose, Mixed Tocopherols (from sunflower) and Medium-Chain Triglycerides.

Manufactured by NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Made and quality tested in the USA with globally sourced ingredients.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

