

HELPS SUPPORT



BRAIN HEALTH †



HEALTHY AGING †



CELLULAR DEFENSE

THIS PRODUCT IS PROUDLY:

- ✓ GLUTEN-FREE
- ✓ DRUG-FREE
- ✓ GMO-FREE
- ✓ KETO
- ✓ DAIRY-FREE
- ✓ NO ADDED SUGAR
- ✓ THIRD-PARTY TESTED

www.lightbodylabs.com

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, or are otherwise under medical supervision. Store in a cool, dry place. Do not use if product has been opened or tampered with in any way. **Keep out of reach of children.**



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GMO-FREE



DAIRY-FREE

lightbody™

OMEGA 3

HIGH DHA PURE FISH OIL

Concentrated essential fatty acids target brain health, cognitive function and eye health, while fortifying the cell membrane against toxins.†

DIETARY SUPPLEMENT

120
SOFTGELS

Directions: Take 2 daily for normal support, or 4 daily for enhanced pharmaceutical-grade support. Do not use if you are taking physician prescribed blood thinning agents.

Supplement Facts

Serving Size 4 Softgels
Servings Per Container 30

	Amount Per Serving	% DV
Calories	50	
Total Fat	5 g	6%*
Cholesterol	15 mg	5%
Vitamin D3 (Cholecalciferol)	20 mcg	100%
Fish Oil	5320 mg	**
Total Omega-3	3564 mg	**
EPA (Eicosapentaenoic Acid)	532 mg	**
DHA (Docosahexaenoic Acid)	2660 mg	**
Other Omega 3	372 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

OTHER INGREDIENTS: Softgel Shell (Bovine Gelatin, Glycerin, Purified Water), Green Tea Leaf Extract, Rosemary Leaf Extract, Mixed Tocopherol Concentrate
Contains fish (anchovy)

Manufactured for:
Lightbody, LLC
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