HELPS SUPPORT











√ THIRD-PARTY TESTED

√ DRUG-FREE
√ KETO
√ CRUELTY-FREE
√ DAIRY-FREE

For more information: www.lightbodylabs.com

√ NO ADDED SUGAR

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.







MULTIVITAMIN FOR CELLULAR RESILIENCY



Contains a daily blend of 23 essential micronutrients for optimal immune support and nutritional cellular resiliency.†

DIETARY SUPPLEMENT

Directions: Take 3 capsules daily with food or as directed.

Supplement Facts

Serving Size: 3 Capsules Servings Per Container: 30

Amou	nt Per Serving	%DV
Vitamin A (as Retinyl Palmitate)	450 mcg RAE	50%
Vitamin C (from Calcium Ascorbate)	500 mg	556%
Vitamin D (as Cholecalciferol)	20 mcg	100%
Vitamin E (as D-Alpha Tocopheryl Succine	ate) 180 mg	1200%
Vitamin E (D-Alpha Tocopheryl Acetate)	134 mg	893%
Vitamin B1 (as Thiamine Mononitrate)	2mg	167%
Vitamin B2 (as Riboflavin)	2.5 mg	192%
Vitamin B3 (as Niacinamide)	15 mg	94%
Vitamin B6 (as Pyridoxine HCI)	2.5 mg	147%
Folate (as L-5 Methyltetrahydrofolate)	200 mcg DFE	50%
Vitamin B12 (as Methylcobalamin)	5 mcg	208%
Biotin (Vitamin B7)	100 mcg	333%
Vitamin B5 (as D-Calcium Pantothenate)	5 mg	100%
Zinc (from Zinc Bisglycinate)	8.25 mg	75%
Selenium (from Biotron Chromium AAC)	55 mcg	100%
Chromium (from Biotron Selenium AAC)	35 mcg	100%
Boswellia Extract (65% Boswellic Acid)	100 mg	•
N-Acetyl-L-Cysteine	60 mg	
Alpha Lipoic Acid	50 mg	*

* (%DV) Daily Value not established.

Beta Carotene

Quercetin

Green Tea

OTHER INGREDIENTS: Vegetarian Capsule

Manufactured for Linhthody LLC Saint Petersburg, FL 33701

40 ma

20 ma

12.5 mg

12.5 mg