



DETOX

*Key ingredients traditionally used to help support the body's natural detoxification processes and healthy liver function**

Supplement Facts

Serving Size: 1 packet (9 g)

	Amount Per Serving	% Daily Value
Calories	50	
Total Fat	2.5 g	3% †
Total Carbohydrate	4 g	1% †
Dietary Fiber	1.5 g	5% †
Protein	2 g	
Calcium	36 mg	3%
Iron	0.5 mg	3%
Milk thistle extract	280 mg	**
PROPRIETARY BLEND:	8.2 g	**
Chia (seed), Flax (seed), Astragalus extract (root), Burdock extract (root), Turmeric extract (rhizome), Schisandra extract (fruit and seed), Ginger extract (rhizome).		

†Percent Daily Values are based on a 2,000 calorie diet

**Daily Value (DV) not established.

OTHER INGREDIENTS: Natural lemon flavor (with other natural flavors), Citric acid, Stevia leaf extract.

DISTRIBUTED BY: Beachbody, LLC, Santa Monica, CA 90404 • 1 (800) 818-5174

ALLERGEN INFORMATION: This product is manufactured in a plant that also processes milk, egg, fish, crustacean shellfish, tree nuts, wheat, peanuts, and soy ingredients.

DIRECTIONS: Mix 1 packet (9 g) in 8 to 12 fl oz of distilled water, let sit for 1 to 2 minutes, mix again, then consume. For Cleanse, take 3 times a day. For Maintenance, take once a day.

STORAGE: Store in a cool, dry place.

WARNING: Consult with a healthcare professional before use if you are pregnant, breastfeeding, taking any medication, or if you have any medical condition. Keep out of reach of children.

***This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.**

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