

HELLO!

We're Barlean's and we make **premium foods and nutritional supplements** here in the Pacific Northwest. Our family business has grown a lot in 30+ years, but we still do things our way:

- ✓ Source top-quality ingredients to deliver maximum benefits
- ✓ Share our profits to help people locally and around the world

SUPPORTS:

HEART HEALTH*

BRAIN FUNCTION*

JOINTS & BONES*

3x Better Absorption

Our special emulsified formula is absorbed better than other plant-based Omega-3 oils or softgels, so you get more of the vegan EPA & DHA you're after.

- ✓ Sustainable source of plant-based Omega-3
- ✓ 420 mg DHA & 210 mg EPA per serving

SWEET TASTE & CREAMY TEXTURE
NO ARTIFICIAL FLAVORS OR COLORS

Suggested Use:

Adults & children ages 4 and up: 1 Tbsp daily. Great straight or in yogurt, oatmeal or smoothies.

Keep out of reach of children and never give to pets.

Refrigerate after opening

SHAKE WELL



SPOON



TOP



BLEND

• PINK LEMONADE SWIRL •

ESTD 1989

BARLEAN'S

• SERIOUSLY DELICIOUS •

PLANT BASED

OMEGA-3

FROM ALGAE OIL

VEGAN
EPA/DHA **630mg**



**TASTE THE FRUIT,
NOT THE ALGAE.**

DAIRY FREE • SUGAR FREE



Supplement Facts

Serving Size 1 Tbsp (15.9 g)

Servings Per Container 29

	Amount per serving	% DV
Calories	70	
Total Fat	5 g	7%*
Saturated Fat	0.5 g	3%*
Polyunsaturated Fat	1 g	†
Monounsaturated Fat	3.5 g	†
Total Carbohydrate	5 g	2%*
Total Sugars	0 g	†
Includes 0g Added Sugars		0%*
Sugar Alcohol	5 g	†

Omega-3 Polyunsaturated Fat

Docosahexaenoic Acid (DHA) 420 mg †

Eicosapentaenoic Acid (EPA) 210 mg †

*Percent Daily Values (DV) are based on a 2,000 calorie diet. †Daily Value (DV) not established.

Ingredients: Water, high oleic sunflower oil, xylitol, glycerine, algal oil, natural flavors, gum arabic, citric acid, antioxidant blend (Vitamin E (as d-alpha tocopherol), rosemary extract, ascorbyl palmitate, and green tea extract), xanthan gum, ascorbic acid, vegetable juice (for color), guar gum, sorbic acid.

Learn more about a Pathway to a Better Life:

Barleans.com • 800.445.3529

Barlean's® Ferndale, WA 98248

LA-00093-00



PRODUCT OF U.S.A.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

NET WT. 16 oz (1 lb) 454 g

BARLEANS.COM

